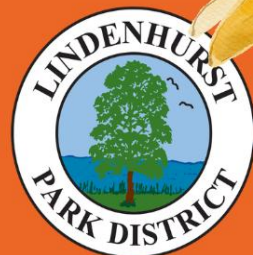


Fall 2026



Active Adults
Program Guide
Registration Begins 9.3.2026

Out & About



Active Adults
Quarterly
Luncheon-
Lunch with the
Mayor

Trips!
Sept. - Dec.

Weekly Drop-In
Active Adult Activities
Video Aerobics &
Cards!

NEW - On The Go
Committee!

Fitness Program
Popular YOGA!



847.356.6011
lindenhurstparks.org

Lindenhurst Park District Board of Park Commissioners



Todd Solbrig
President



Victoria McCabe
Vice President



James Stout
Treasurer



Sean Smith
Commissioner



Sheri Chapman
Commissioner

Lindenhurst Park District has a five (5) member Board. Board members are unpaid and elected to six (6) year-term positions. Park Board members must reside within the Park District boundaries. Primarily, the Park Board establishes policies based on sound research and consideration of community needs. They adopt policies that allow the Park District to run efficiently, effectively, legally, and ethically. They request, receive, evaluate, and make decisions based on guidance from the Executive Director. Lindenhurst Park District encourages public interaction and believes in being actively involved in our community.

Board Meetings

Regular meetings of the Park Board of Commissioners are held on the second Tuesday of each month at 6:00pm at the Lindenhurst Park District. The public is always invited to attend. If you want to address the board, please contact Dave Mohr Jr., Executive Director, at 847.356.6011 x 1003 or dmohr@lindenhurstparks.org.

About Us

Lindenhurst Park District is located in northwestern Lake County, Illinois. The District was formed on April 15, 1988. A five-member, non-paid elected board establishes district policy and provides direction on program and facility development. Our current park board has over 60 years of combined experience. We have a supporting cast of local individuals, organizations, government, and businesses, allowing our Park District to move forward progressively and accomplish improvements beneficial to you. Recreational opportunities continue growing with 19 named park sites, two beaches, 15 playgrounds, and 25 parcels of open space, totaling 134.5 acres, which offer great active features combined with designated passive/natural areas. We operate a 31,000 sq. ft. Community Center with a full-size gymnasium, 3-lane suspended walking/jogging track, aerobic and dance studios, senior/active adult room, preschool, multi-purpose and activity rooms, offices, and more, all ADA accessible. We have also made improvements at each named park and beach site within the decade, under a tax cap and without a referendum.

Registration and Administrative Offices

Thomas J. Lippert Community Center
2200 East Grass Lake Road • Lindenhurst, Illinois 60046

Contact

Email info@lindenhurstparks.org
Main Line 847.356.6011

In-Person Registration Hours

M-F, 9:00am-4:00pm

Office Closed

Labor Day-Monday, September 7, 2026
Columbus Day/Indigenous Peoples' Day-Monday, October 12, 2026
Thanksgiving-Thursdays, November 26 & Friday, November 27, 2026
Christmas Eve-Wednesday, December 24, 2026
Christmas Day-Thursdays, December 25, 2026



GET SOCIAL
WITH US!

WWW.LINDENHURSTPARKS.ORG | [FACEBOOK](#) | [INSTAGRAM](#)



Website-Lindenhurstparks.org

Register for a class, learn about new programs, check out our calendar, and see Park District updates.

Facebook/Instagram

Stay informed about events and programs and see our participants in action by following, liking, and using the hashtag #lindenhurstparkdistrict.



Why travel when the best programs are right here at home!

Love our programs, but spotted a lower price elsewhere?

If another Park District or Parks and Recreation Department offers a **comparable class** with the same age, time, and number of sessions for a lower fee, we'll **match their price**. It's our way of keeping recreation local, affordable, and welcoming to everyone!

How it Works: Find a similar program at a lower cost and show us the lower price, and we'll match it, it's simple as that! Creating Community through People, Parks, and Programs... Now with a Best Price Guarantee!

How Do I Register

Online REGISTRATION

Visit our website at www.lindenhurstparks.org.

In-Person REGISTRATION

Lindenhurst Park District
M-F, 9:00am-4:00pm
2200 East Grass Lake Road
Lindenhurst, Illinois 60046

Mail-In REGISTRATION

Lindenhurst Park District
Att: Registration
2200 East Grass Lake Road
Lindenhurst, Illinois 60046

Email REGISTRATION

Email a completed registration form and waiver to registration@lindenhurstparks.org.

This Way To Fun!



Save Time & Register Online!

REGISTRATION

BEGINS AT 9AM

8.3.2026

RESIDENT & NON-RESIDENT

Park District residents receive a 20% discount off most listed prices!

Are you a **NEW** Lindenhurst Park District resident? Set up your resident discount by calling the office before registering online at 847.356.6011.

How to Create a New Client Account

If you do not have an account, go to our website at www.lindenhurstparks.org.

1. Click on the **Registration Tab**.
2. Choose an activity to register for and click **"Create an account"** on the bottom left of the pop-up window. The account must belong to an adult 18 years or older.
3. You will receive an email confirmation that your account was successfully created. This email must be validated to activate your account information.
4. Lindenhurst residents must call before they register to receive the resident discount.

Log-in to an Existing Account

Once your account has been activated you can access it by going to www.lindenhurstparks.org selecting the **"My Account"** tab and clicking **"Log-in"** or choose the activity you want to register for and you will be prompted to log-in.

Your email address is your username. If you forget your password, reset with your username or choose to log in via Facebook, Google, or Office 365.

How Do I Pay?

Register online using Visa, MasterCard, American Express or Discover. For in-person or mail-in registration, cash, check, or charge payments may be made. Checks should be made payable to Lindenhurst Park District. There will be an automatic \$25.00 service charge on all returned checks and credit cards with insufficient funds.

Refund Policy

To receive a refund, you must withdraw from a program at least 7 days prior to the start. Program refunds will be less a \$5 service charge for programs under \$99 or a \$10 service charge for programs over \$100. Withdrawals within one week of the start date will only be refunded for medical reasons or relocation. Full refunds will be given when the district cancels programs due to low registration. Refunds will be processed within 14 days of request. Please note that all refunds will be processed as a household credit. Trips, one-time programs, and special event refunds will be less prepaid costs such as tickets, admission, and meals regardless of withdrawal date.

Lindenhurst residents receive a 20% discount!
Excluding Pickleball League

Adult Pickleball - Beginner

18+
\$90NR

This class is for those who have never played pickleball before or who have very limited experience with the sport. It will focus on pickleball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn the scoring and rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. Please provide your own paddle. Location: Community Center Gym
Min/Max: 6/12
Instr: 5 Star Sports

F 9/11-10/16 5:45p-6:30p 6 classes
F 10/30-12/11 5:45p-6:30p 6 classes
no class 11/27



Adult Pickleball - Intermediates

18+
\$90NR

This class is designed for advancing beginners with some experience and want to move at a faster pace to improve their basic shots and strategies. Players will participate in challenging drills to work on consistency in forehand and backhand shots, serving, volleying, dinks, and lobs. Through matches played each week, players will get the chance to take their game to the next level by learning how to play smarter, not harder. Please provide your own paddle. Location: Community Center Gym
Min/Max: 6/12
Instr: 5 Star Sports

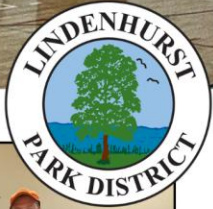
F 9/11-10/16 6:30p-7:15p 6 classes
F 10/30-12/11 6:30p-7:15p 6 classes
no class 11/27

Adult Pickleball Fall

Doubles League



Pickleball combines badminton, tennis, and ping-pong into one exhilarating sport that is very popular. Come on and sign up for our doubles 8-week league plus playoffs. You must bring your own paddles. Only one person from your team must register. Teams will play 1 game a night at 6pm, 7pm, or 8 pm (game times are dependent on registration numbers).



\$165 PER TEAM
SEPT. 21-NOV. 9
5:30-8:30PM

Reg. Deadline: Mon, 9/14 or when full
No games on 10/12

Location: Community Center Gym
Day: Mondays
Min/Max: 6/12 Teams



847.356.6011
www.lindenhurstparks.org



Lindenhurst residents will receive a 20% discount!

DISCOVER
Enjoy!



The Secret Society of Supper Clubs



Sandra's on the Park
Hales Corners, WI
21+
\$17NR

A celebration of good food, great drinks, and timeless hospitality, this secret society brings together enthusiasts who appreciate the art of the supper club experience. United by a love for hearty, made-from-scratch meals. Whether it's the sizzling steaks, golden fish fries, or buttery sides like creamed corn and mashed potatoes. The society takes pride in the ritual of the classic *Old Fashioned* cocktail, served the Wisconsin way: brandy bitters, and a cherry, all enjoyed in good company before a hearty meal. It's not just about the food or the drink – it's also about connecting with the legacy of Wisconsin's supper clubs and savoring the nostalgia of simpler times. Fresh bread, classic cocktails, and laughter fill the air as each gathering is an opportunity to rediscover the joy of a night out, just like generations before.

It's more than a club – it's a movement to keep the tradition alive, ensuring that future generations can continue to enjoy the warmth, flavor, and community that only a true supper club can provide.

Cuisine: American Eatery, entrée price range \$25-\$50. Checks will be per table, and cash is recommended.

This trip includes transportation on the Park District bus. Food and drink are on your own. Minimal walking is required.

Location: Meet at the Lindenhurst Park District

Reg. Deadline: Tues, Sept. 8, or when full
Th Sept. 17 2:45p-7:00p Min/Max: 7/14



Cooking Class



With Tony Cannoli

Learn How to Make Fresh Cannoli
Join Tony Cannoli for a sweet and unforgettable culinary experience!

Fresh Made Cannoli
18+
\$50NR

In this hands-on class, Tony will guide you step-by-step through the art of making fresh, authentic cannoli. Learn how to roll, form, fry, and fill cannoli dough, just like the pros! Each participant will create three crisp cannoli shells and fill them with their choice of Tony Cannoli's signature fillings. It's the perfect way to kick off a date night with your significant other or an evening out with friends.



What's Included

- Step-by-Step instructions from Tony Cannoli
- All ingredients and tools
- Create 4 fresh cannoli to take home or enjoy on the spot
- Choice of signature cannoli fillings



Spots are limited – register early to reserve your spot! Bring your appetite and get ready for a fun, flavorful experience.

Location: Grayslake Park District
Multipurpose Room A
240 Commerce Drive

Min/Max: 2/6
Contr: Tony Cannoli

Reg. Deadline: Mon, Sept. 28 or when full
M Oct. 5 6:30p-8:00p 1 class
Reg. Deadline: Sat, Oct. 31 or when full
Sa Nov. 7 3:30p-5:00p 1 class



Looking for a fun and engaging way to spend your time? If you're an active adult over the age of 50+, we invite you to join us for our weekly drop-in activities, exciting trips, and more! Whether you're looking to make new friends, stay active, or simply try something new, we have something for everyone. So why not come and join us today? We can't wait to meet you!

Active Adult Activity Pass

Get your Active Adult Activity Pass (60 and older only) to join the fun! The Activity Pass gives you access to our Drop-In activities, including using the walking track and fitness equipment, **BEFORE OR AFTER** Video Aerobics and Cards. The Activity Pass is \$20 for residents and \$25 for non-residents and is valid for the current calendar year 2026. Purchase your pass at the registration desk during regular business hours (9:00am-4:00pm) and take advantage of the fun. Not ready to commit? Pay just \$1 per drop-in activity!

Do you have a suggestion for a drop-in program or a trip? We'd love to hear your ideas or register for our "On The Go Committee"! Contact us at 847.356.6011.



ON THE GO COMMITTEE
CALLING ALL ACTIVE ADULTS WITH A PASSION FOR ADVENTURE!

50+ \$5R/NR

Join us for a fun and engaging planning session where you can share trip ideas, suggest destinations and activities, and help inspire future outings. Whether you have a favorite day trip in mind or a brand-new experience to recommend, this is a great opportunity to offer input and help shape upcoming travel opportunities. To enhance the experience, a boxed lunch will be provided, thanks to The Village at Victory Lakes. **Advanced registration is required.**

Location: Activity 2
Min/Max: 6/14

Reg. Deadline: Fri, Sept. 11, or when full
M Sept. 14 10:30a-1:30p



Drop-In Programs – 50+
No Registration Required

- Video Aerobics-Drop-In**
Energize your day and enhance your balance, flexibility, and cardiovascular health with a low-impact workout. Our program features diverse fitness videos designed to accommodate all abilities.
M/W/F 9:00am-10:00am, Studio A
Fee: Activity Pass or \$1 per visit
- Cards-Drop-In**
Come join this lively community for some enjoyable competition! This engaging group gathers weekly to play a variety of games, including Canasta and Hand, Foot, and Knee. Bring a friend and your favorite game. Remember to pack some snacks or lunch in case you get hungry.
Th 10:00am-4:00pm, Activity 3
Fee: Activity Pass or \$1 per visit

Fitness Programs -Yoga
Red Sky Yoga with Randi Binstock

Chair Yoga: Move, Breathe, and Thrive
50+ \$64NR
This beginner-friendly class invites adults 50+ to explore yoga in a safe, supported way. Working in and out of a chair, you'll flow through movements that promote strength, flexibility, and relaxation without strain or discomfort. A great way to stay active and connected in the community.
Location: Studio A
Min/Max: 6/12

Reg. Deadline: Thur, Sept. 10, or when full
Th 9/17-10/22 9:00a-10:00a 6 Classes
Reg. Deadline: Thur, Oct. 29, or when full
Th 11/5-12/17 9:00a-10:00a 6 classes
no class 11/26

Lindenhurst residents will receive \$5 off each session!



Yoga: Gently flow for Vitality
50+ \$64NR
Rediscover your strength, flexibility, and balance in this beginner-friendly yoga class designed for adults 50+. With mindful movement, breath awareness, and gentle transitions, you'll build confidence and ease in your body - whether you're new to yoga or returning after a break. Modifications and props will be provided. Must have the ability to get up and down from the floor.
Location: Studio A
Min/Max: 6/12

Reg. Deadline: Wed, Sept. 9 or when full
W 9/16-10/21 10:30a-11:30a 6 Classes
Reg. Deadline: Wed, Oct. 28 or when full
W 11/4-12/16 10:30a-11:30a 6 classes
no class 11/25





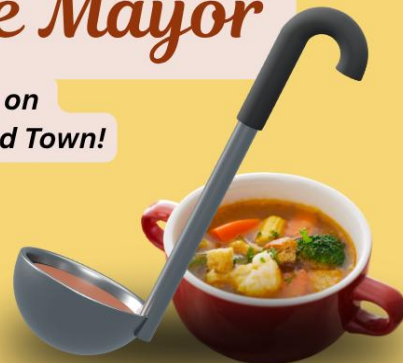
50+
Quarterly
*Active Adult
Fall Luncheon*

Lunch with the Mayor

Get the Inside Scoop on
What's Happening Around Town!



Mayor Dominic Marturano



FRI, NOV. 13
11:30 AM- 1:00 PM

\$10R/NR

per person
not eligible for discount

Lindenhurst Park District
Community Center
Activity 3

Join us for an enjoyable afternoon of good food, great company, and community connection. You are invited to gather for a special luncheon featuring the Mayor of Lindenhurst, who will share updates on local activities, upcoming projects, and happenings around town. This is a wonderful opportunity to stay informed, enjoy conversations with friends and neighbors, and learn more about what is happening in our community.

Lunch will include soup, sandwiches, chips, and dessert, with coffee and water provided. Guests are also welcome to bring their own refreshments.

Registration Deadline is Fri, Nov. 6

Advanced registration is required. Register online or by calling 847.356.6011.

Active Adults Trips...

Join the Park District for a season full of adventure! Our trips are fun, an easy way to explore new places, enjoy memorable experiences, and make the most of your time.

Historical Landmarks of Waukegan

Waukegan, IL
50+
\$78NR



Step back in time as we explore some of Lake County's most historic and treasured destinations! Our first stop is the beautifully restored Waukegan Carnegie Library, home to the Waukegan Historical Society archives, rotating exhibits, and engaging educational programs for all ages. Designated a Waukegan Historic Landmark and listed on the National Register of Historic Places, this stunning 1903 library was funded by renowned philanthropist Andrew Carnegie as part of his worldwide library initiative.

Next, enjoy lunch at the iconic Quonset Pizza, a beloved thin-crust pizza restaurant that has served guests for more than 70 years. This nostalgic dining spot captures the charm of the 1950s with checkerboard floors, classic bar stools, vintage décor, and old-fashioned tunes. Our final stop is the historic Genesee Theatre for a behind-the-scenes tour of Lake County's premier performing arts venue. Explore nearly 100 years of history as you walk through the beautiful theater spaces and venture backstage for an insider's look at this iconic landmark.

This trip includes transportation by Park District bus, tours, and lunch. **Moderate - Extensive walking, standing, and stairs.**

Reg. Deadline: Tues, Aug. 18, or when full
W Sept. 2 8:45a-4:30p Min/Max: 7/14

Legends of the Strip

Lake Geneva, WI
50+
\$92NR



Join us as we travel to Lake Geneva, Wisconsin for an afternoon of delicious dining and terrific entertainment. Experience a world-class tribute performance celebrating the legendary entertainers who made Las Vegas the entertainment capital of the world. Performed by LUDY and his LADY, this exciting show features unforgettable music, dazzling performances, and classic Vegas-style entertainment. Enjoy a delicious Italian lunch buffet featuring fresh pasta, grilled chicken, Italian-style meatballs, and your choice of marinara or alfredo sauce.

This trip includes transportation by Park District bus, lunch, and show admission. **Minimal walking and standing.**

Reg. Deadline: Mon, Aug. 31 or when full
M Sept. 21 10:00a-4:00p Min/Max: 7/14

Trip Information

Transportation is provided by a Park District bus (unless otherwise noted). Fees are per person. The return times are approximate.

Lindenhurst residents will receive \$5 off each Active Adult Trip.

Trip Refund Policy

Refunds are only given under the following circumstances:

- A full refund will be given if the Park District cancels the trip.
- A refund, less a cancellation fee, will be given if the spot can be filled.
- A refund, less a cancellation fee, and any pre-paid costs will be given when you withdraw at least 7 days prior to the trip.
- Withdrawals within 7 days of the trip will only be refunded for medical or relocation reasons and will be less a cancellation fee and pre-paid costs. *Pre-paid cost may consist of tickets, admission, meals, and/or supplies.*



Harley-Davidson Powertrain Tour + Museum

Milwaukee, WI
50+
\$75NR



Rev up for a memorable day in Milwaukee filled with horsepower, history, and hometown craftsmanship. Our day will begin with a 90-minute guided tour of the Harley-Davidson Powertrain manufacturing plant, where guides will get a behind-the-scenes look at the production process and learn more about the precision, teamwork, and engineering that bring powerful engines to life.

After the tour, we will shift gears and head to the Harley-Davidson Museum, where participants can cruise through exhibits celebrating the history, culture, and legacy of one of America's most iconic motorcycle brands. From classic bikers and unique memorabilia to stories from the open road, the museum offers plenty for motorcycle enthusiasts and casual visitors alike. We will also make a pit stop for lunch at MOTOR Bar & Restaurant, located on the Harley-Davidson Museum campus. Guest can relax, refuel, and enjoy classic American fare in a fun, motorcycle-inspired atmosphere before continuing their museum experience.

Whether you are a lifelong rider, a history buff, or just along for the ride, this trip is a great way to experience Milwaukee's rich manufacturing roots, enjoy a delicious lunch, and explore a legendary piece of American culture.

This trip includes transportation by Park District bus and admission to both the tour and the museum. Lunch will be on your own. **Moderate standing and walking.**

Reg. Deadline: Tues, Oct. 13 or when full
Tu Oct. 20 7:45a-5:00p Min/Max: 6/9

Active Adults Trips...

For more details or if you have questions, please contact Katie Kozuch at 847.356.6011 x 1004 or kkozuch@lindenhurstparks.org.

China Lights at Boerner Botanical Gardens

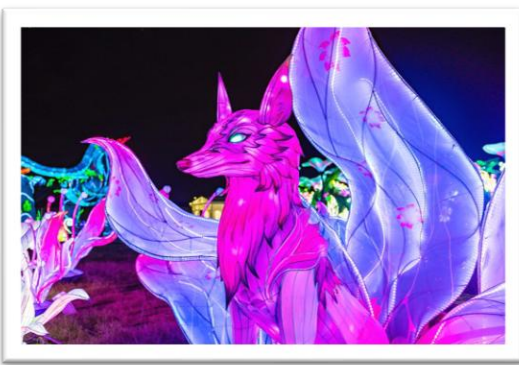
Hales Corners, WI
50+
\$35NR

Experience the magic of the season as we travel to Boerner Botanical Gardens in Hales Corners, Wisconsin, for the breathtaking Spectacular Lanterns Festival! Stroll through a dazzling display featuring more than 40 larger-than-life illuminated lantern exhibits that transform the gardens into an enchanting wonderland of light and color.

Throughout the evening, enjoy complimentary live entertainment, including hat juggling, the ancient Chinese art of Bian Lian (face-changing), balancing acts, cultural displays, a bustling marketplace, and more. Guests will also have the opportunity to purchase delicious Asian and Western cuisine from local food vendors. You will have time to explore the many food offerings while taking in the beauty of this unforgettable nighttime experience. Don't miss this spectacular evening filled with lights, entertainment, and fun.

This trip includes transportation by Park District bus and light show admission. Dinner is on your own. **Moderate walking at your own pace.**

Reg. Deadline: Fri, Sept. 24 or when full
Th Oct. 29 4:00p-10:30p Min/Max: 7/14



Milwaukee Pretzel Company Tour + The Bavarian Bierhaus

Milwaukee, WI
50+
\$35NR

Our day begins with lunch at The Bavarian Bierhaus, where guests can relax and enjoy a warm, welcoming atmosphere filled with old-world charm and lively conversation. Known for its Bavarian-inspired menu, this is the perfect place to gather with friends and enjoy a delicious meal before our afternoon adventure.

After lunch, we will head to Milwaukee Pretzel Company for a fun and flavorful behind-the-scenes tour of their large-scale bakery and warehouse. Guests will learn every twist and turn of how authentic Bavarian soft pretzels are made, from mixing the dough to rolling the twists and seeing where these tasty treats travel across the country. Along the way, you will also hear a bit of Milwaukee Pretzel Company history.

The best part is enjoying a freshly baked 5 oz. pretzel right out of the oven at the end of the tour. Guests will also have time for questions, photos, and shopping, and will receive 30% off same-day pretzel and merchandise purchases, plus a coupon for 20% off a future order. The tour lasts approximately 30-45 minutes, making this a delicious and memorable outing.

This trip includes transportation by Park District bus and Pretzel Tour admission. Lunch will be on your own. **Moderate standing and walking.**

Reg. Deadline: Mon, Oct. 26 or when full
F Nov. 6 9:45a-5:00p Min/Max: 7/14



Active Adults Trips...

For more details or if you have questions, please contact Katie Kozuch at 847.356.6011 x 1004 or kkozuch@lindenhurstparks.org.

The Wreath Factory & Cedarburg

Cedarburg, WI
50+
\$100NR

VERY POPULAR!

Join us for our 16th annual wreath-decorating outing to The Wreath Factory at Otter Creek. Custom-decorate your own freshly made holiday wreath using supplies such as ribbons, bows, and holiday garnishes, all under the watchful eyes of their professional staff. Once your wreath has been completed, you will have time to shop their unique Christmas store while viewing their beautifully decorated Christmas trees. This is a very popular stop during the holiday season. We will enjoy boxed lunches from Antoinette's while we travel south to our second destination, the town of Cedarburg, Wisconsin. Once in town, we will have 2 hours to shop and enjoy the beautifully preserved downtown area. This is a trip you will not want to miss! You'll bring home a custom holiday wreath and possibly start holiday shopping or at least stop by the winery to stock up on hostess gifts.

Please select your lunch entrée: Ham & Cheese on a Pretzel Bun, Turkey & Provolone on a Pretzel Bun, Turkey Bacon Club Wrap, Veggie Wrap, Asian Chicken Wrap, Chicken Caesar Wrap, B.L.T. Wrap, and Cranberry Walnut Chicken Wrap. All entrées are served with chips, fresh fruit, and a drink.

The trip includes transportation by Park District bus, wreath, and lunch.
Moderate to extensive standing and walking. You can choose how much you wish to do.

Reg. Deadline: Fri, Nov. 6 or when full
F Nov. 20 7:30a-6:00p Min/Max: 7/14



Holiday at Cantigny

Wheaton, IL
50+
\$80NR



Enjoy a festive evening out as we travel to Cantigny Park to experience its beautiful holiday light show. Participants will have time to stroll through the illuminated displays, take in the seasonal décor, and enjoy the cheerful atmosphere of one of the area's favorite holiday destinations.

Before the light show, the group will gather for dinner at Copper's Corner, where participants can relax, socialize, and enjoy a meal together before continuing the evening's holiday outing. Please dress warmly and wear comfortable walking shoes, as portions of the event may take place outdoors.

Please select your lunch entrée: Homemade Pot Roast, Chicken Parmesan, Fresh Atlantic Salmon, Spaghetti Bolognese, Cheeseburger, or Chicken Pot Pie.

This trip includes transportation by Park District bus and admission to the light show, dinner, and dessert. **Moderate to extensive standing and walking.**

Reg. Deadline: Wed, Nov. 4 or when full
W Dec. 2 2:00p-9:00p Min/Max: 7/14

The 12 Dames of Christmas at Metropolis Performing Arts

Arlington Heights, IL
50+
\$55NR



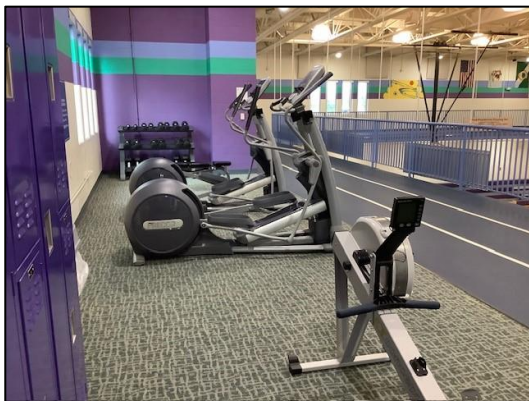
Celebrate the magic of the holiday season with "The 12 Dames of Christmas," starring Angela Ingersoll – an Emmy-nominated performance that brings a dozen legendary divas to life in one unforgettable show. Known as "the actress with the astonishing voice," Ingersoll delivers a dazzling and comedic tour through iconic female vocalists, channeling everyone from a haunting Judy Garland to a refined Julie Andrews, a spirited Janis Joplin, and many delightful surprises along the way. This heartwarming and humorous holiday romp features festive favorites including "Have Yourself a Merry Little Christmas," "Santa Baby," and "Rockin' Around the Christmas Tree." Presented by Artists Lounge Live, this lively production is the perfect way to get into the holiday spirit.

This trip includes transportation by Park District bus and theatre ticket. Lunch is on your own in downtown Arlington Heights.
Minimal walking and standing.

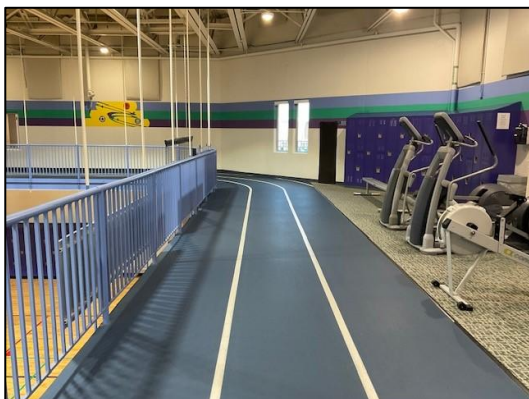
Reg. Deadline: Tues, Nov. 3 or when full
Tu Dec. 8 10:45a-5:00p Min/Max: 7/14



Take a walk or run on our suspended track or workout on our fitness equipment, which includes two elliptical machines, a row machine, a range of dumbbell free weights (from 5 to 50 lbs), and an incline/decline bench. We also have stretching mats and lockers for your items. Our track is 15 laps per mile.



- Sign in and pay during business hours (M-F, 9am-4pm) or with the Building Attendant after 4pm and on the weekends.
- No children under the age of 10 are allowed on the track or fitness area. Children ages 10-13 must be accompanied by an adult.



Our monthly Fitness Center & Track Schedule is available at www.lindenhurstparks.org/facilities/gymnasium.

Times are subject to change due to programming or special events.



- **Yearly Pass-Fitness & Track**

60+	\$148
Up to 59 years	\$247
- **30 Visit Pass-Fitness & Track**
Pass expires 90 days after purchase.

60+	\$22
Up to 59 years	\$35
- **Daily Fees-Fitness & Track**

60+	\$1
Up to 59 years	\$2

PLEASE PRINT

☐ **Entered**

Primary Guardian
Last Name _____ First Name _____ Home Phone _____

Cell Phone _____ **Work Phone** _____ **E-Mail Address** _____

Address _____ **City** _____ **Zip Code** _____

Emergency Contact _____ **Emergency Telephone** _____

☐ Please check this box if you wish someone to contact you regarding special accommodations to participate in the program.

Would you like to donate to our participant scholarship? ☐ Yes ☐ No **\$1.00**

TOTAL	
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Credit Card Number: _____ CCV: _____ Exp. Date: _____