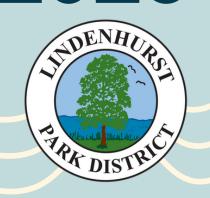
## January 2-31,

## Crush Your GOASI

2026



## "Step Up Your Game" - Walking Challenge!

	N	lot	e
1/		- 1	-

- Keep track of your daily walking progress for the month of January.
- At the end of the month, turn in your completed calendar with your name, address, and phone number printed on the back.
- The participant with the most miles or laps will win a prize.
- Only walking on the LPD track counts.
- GOOD LUCK!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Building Closed	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31