

January 2-31, 2026

Crush Your GOALS!

"Step Up Your Game" - Walking Challenge!



Notes

- Keep track of your daily walking progress for the month of January.
- At the end of the month, turn in your completed calendar with your name, address, and phone number printed on the back.
- The participant with the most miles or laps will win a prize.
- Only walking on the LPD track counts.
- GOOD LUCK!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

| | | | | | | |
|----|---|----|----|---|----|----|
| |  | | | 1  Building Closed | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

