

Fall 2024

Active Adults Program Guide

Out & About



Active Adults
Quarterly
Luncheons



Halloween
Bingo Luncheon



Trips!
Sept-Dec.



Weekly Drop-In
Active Adult
Activities



Welcome to
O.W.L.

847.356.6011
lindenhurstparks.org

How Do I Register

Online
REGISTRATION

Visit our website at
www.lindenhurstparks.org
for a Registration Help Guide.



In-Person
REGISTRATION

Lindenhurst Park District
M-F, 9:00am-4:00pm
2200 East Grass Lake Road
Lindenhurst, Illinois 60046

Drop Box
REGISTRATION

After office hours-Drop Box
located to the right of the front door
(upper parking lot)



Mail-In
REGISTRATION

Lindenhurst Park District
Att: Registration
2200 East Grass Lake Road
Lindenhurst, Illinois 60046

Easy Ways!

Email
REGISTRATION

Email a completed registration form and waiver to
registration@lindenhurstparks.org.

How Do I Pay?

Register online using Visa, MasterCard, American Express or Discover. For in-person, mail-in, or Dropbox, cash, check, or charge payments may be made. Checks should be made payable to the Lindenhurst Park District. There will be an automatic \$25.00 service charge on all returned checks and credit cards with insufficient funds.

Refund Policy

To receive a refund, you must withdraw from a program at least 7 days prior to the start. Program refunds will be less a \$5 service charge for programs under \$99 or a \$10 service charge for programs over \$100. Withdrawals within one week of the start date will only be refunded for medical reasons or relocation and will be pro-rated. Full refunds will be given when the district cancels programs due to low registration. Refunds will be processed within 14 days of request. Please note all refunds will be processed as a household credit. Trips and special event refunds will be less prepaid costs such as tickets, admission, and meals.



WISH LISTS!

Wish Lists allow you to bookmark your favorite activities before registration begins and pick up where you left off when you are ready. This is a great way to save activities you may be unsure of registering for or save them ahead of time so you can find and register as soon as registration opens!

Are You R (resident) or NR (non-resident)?

Resident rates apply to people residing within the Lindenhurst Park District boundaries who contribute financial support to the Park District through property taxes. Non-residents live outside the Lindenhurst Park District boundaries and are always welcome. The easiest way to check your residency is to look at your county tax bill (check for Park District taxes paid). The Park District will ask for proof of residence to establish your discount.

Are you a **NEW** Lindenhurst Park District resident? Park District residents receive a 20% discount off most listed prices! Set up your resident discount by calling the office before registering online at 847.356.6011.

REGISTRATION
BEGINS AT 9AM
8.5.2024
RESIDENT & NON-RESIDENT
Save Time & Register Online!

How to Create a New Client Account

If you do not have an account, go to our website at www.lindenhurstparks.org.

1. Click on the **Registration Tab** then click on **Register Now!**
2. Choose an activity to register for and click **"Create an account"** on the bottom left of the pop-up window. The account must belong to an adult 18 years or older.
3. You will receive an email confirmation that your account was successfully created. This email must be validated to activate your account information.

Log-in to an Existing Account

You can access your account several ways once it has been activated. Go to our website at www.lindenhurstparks.org.

You Can Either:

- Under the **Contact Us tab**, select **My Account**.

- You can also choose an activity to register for, and you will be prompted to log-in.
- Remember that your email address is your user-name. If you forget your password, you can reset it once you log-in with your user-name or choose to log in via Facebook, Google, or Office 365.

Looking for a fun and engaging way to spend your time? If you're an active adult over the age of 50, we invite you to join us for our weekly drop-in activities, exciting trips, and more! Whether you're looking to make new friends, stay active, or simply try something new, we have something for everyone. So why not come and join us today? We can't wait to meet you!

Active Adult Activity Pass
Get your Active Adult Activity Pass to join in the fun! The Activity Pass gives you access to our growing list of drop-in activities, including Video Aerobics and Cards. The cost is \$20 for residents and \$25 for non-residents, and the pass is valid for one year from the date of purchase. Purchase your pass at the registration desk during regular business hours to take advantage of the fun. Not ready to commit? Pay just \$1 per drop-in activity!

Do you have a suggestion for a Drop-in program? We'd love to hear your ideas! Contact Allison Tibor at 847.356.6011.

Weekly Drop-In

Active Adult Activities

Registration is not required

•Video Aerobics-Get up & ACTIVE! Improve your balance, flexibility, and cardiovascular health with a low-impact workout set to a variety of fitness videos suitable for all abilities.

M/W/F 9:00-10:00am, Studio A

Fee: Activity Pass or \$1 per visit

•Cards-Come be part of this lively community for some enjoyable competition! This engaging group gathers weekly to play a variety of games, including Canasta and Hand, Foot & Knee. Bring a friend along with your favorite game. Remember to pack some snacks or lunch in case you get hungry.

Th 10:00am-4:00pm, Activity 3

Fee: Activity Pass or \$1 per visit



50+

Quarterly

ACTIVE ADULT LUNCHEON

HOW BOUT THEM APPLES

Friday, September 13

Registration Deadline is Friday, Sept. 6

11:30am-1:00pm

Activity 1/2

\$5R/NR

per person

not eligible for discount

Calling all adults 50+! We invite you to our Quarterly Active Adult Luncheon! Each season, we invite you to have lunch, meet your neighbors, socialize, and make new friends.

This season will explore the benefits of healthy eating for older adults, featuring a guest speaker. You will also create your own delicious (and somewhat healthy) candy apple! Lunch, coffee, water, an educational session, and a candy apple to take home will be provided; feel free to bring a beverage of your choice.

Advanced registration is required. Register online or by calling 847.356.6011.

Save the dates for our future luncheons...1/10, 3/14

JOIN US IF YOU DARE!

HALLOWEEN BINGO!

LUNCHEON

Wed. Oct. 30

11:00am-12:30pm

Activity 3

- Come dressed in your favorite costume.
- Enjoy Halloween Bingo.
- Spooky games, lunch, and prizes.

Register by Wed, Oct. 23

\$18NR



WELCOME TO O.W.L.

Older, Wiser Lindenhurst

Our new series of programs specifically designed for our Active Adult (50+) Community! O.W.L. is focused on nature, animals, plants, and our environment. The O.W.L. Book Club and Speaker Series aims to foster a sense of connection, purpose, and empowerment to create a more sustainable future. Join us for engaging conversation, education, and fun

O.W.L. Book Club



Join us for a new drop-in program focused on reading nature-related fiction and non-fiction stories and discussion with light refreshments. This club is facilitated by local Environmental Educator, Holly Garvey. Come prepared to discuss the book, or just for the fun of it! Everyone is welcome at O.W.L.!

Free for Activity Pass holders!
\$1 drop-in fee for non-pass holders.

- 10:00am-12:00pm
- Tuesdays
- Activity 3
- **September 10**
 - *52 Ways to Walk* by Annabel-Abbs-Streets
- **October 22**
 - *Eager: The Surprising Secret Life of Beavers and Why They Matter* by Ben Goldfarb
- **December 3**
 - *Braiding Sweetgrass* by Robin Wall

Everyone is Welcome!

O.W.L. Speaker Series

Environmental Educator, Holly Garvey will speak on native plant and animal species, local conservation, environmental issues, and other nature-based topics.

Presentations will be 30 to 45 minutes, followed by open discussion and light refreshments.

Free for Activity Pass holders!
\$1 drop-in fee for non-pass holders.

- 10:30am-12:00pm
- Tuesdays
- Activity 3
- **September 3**
 - Osprey & Bald Eagles
- **October 1**
 - Beavers
- **November 12**
 - Owls
- **December 10**
 - Coyotes



Active Adults Trips...

For more details or if you have questions, please contact Allison Tibor at 847.356.6011 x 1005 or atibor@lindenhurstparks.org.

Mitchell Park Domes

Milwaukee, WI
50+
\$55NR



Experience a desert oasis, a tropical jungle, and floral gardens all in one afternoon! The Mitchell Park Horticultural Conservatory, better known as The Domes, is one of Milwaukee's most unique destinations. Discover cacti, succulents, shrubs, and desert palms in the Desert Dome, walk among 1,200 species of rainforest plants in the Tropical Dome, and explore the Floral Dome. Next, travel back in time to enjoy lunch at the storied 1950s-themed Miss Katie's Diner. Featured by Rachel Ray of the Food Channel, this beloved diner offering classic American fare has been visited by the Clintons, Michelle Obama, Gary Marshall, and Henry Winkler.

The trip includes transportation by Park District bus, entrance ticket, and lunch. **Moderate to extensive walking.**

Reg. Deadline: Fri, Sept 13, or when full

Th Sept. 26 10:00a-6:00p Min/Max: 10/14

A Day in New Glarus

New Glarus, WI
50+
\$79NR

Travel with us to New Glarus, Wisconsin, also known as "America's Little Switzerland," for a day of exploring history and shopping. We will visit the Swiss Historical Village and Museum, where 14 different buildings tell the story of New Glarus and the beginnings of their new life in Wisconsin in 1845. Chalet Landhaus Restaurant will be our lunch spot, and we will have a cheese fondue demonstration. Please select your lunch entrees of Wienerschnitzel and Geschnetzeltel along with house salad, Roesti Potatoes, Spaetzle, and fresh vegetable. The last tour will be to the Chalet of the Golden Fleece, Edwin Barlow's unique collection. Following the tour, we will have some free time to browse the quaint downtown area shops.

The trip includes transportation by Park District bus, tours, and lunch. **Extensive standing and walking.**



Reg. Deadline: Th, Sept. 19 or when full

Th Oct. 3 7:15a-6:30p Min/Max: 6/14

Trip Information

Transportation is in a Park District vehicle. Fees are per person. The return times are approximate. Lindenhurst residents will receive \$5 off each Active Adult Trip.

Trip Refund Policy

Refunds are only given under the following circumstances:

- A full refund will be given if the Park District cancels the trip.
- A refund, less a cancellation fee, will be given if the spot can be filled.
- A refund, less a cancellation fee, and any pre-paid costs will be given when you withdraw at least 7 days prior to the trip.
- Withdrawals within 7 days of the trip will only be refunded for medical or relocation reasons and will be less a cancellation fee and pre-paid costs. *Pre-paid cost may consist of tickets, admission, meals, and/or supplies.*



Inspirational Places in Lake County

Barrington, IL
50+
\$63NR

Join us as we take a guided tour of the University of Saint Mary of the Lake/Mundelein Seminary, the largest Catholic seminary in the US. Saint Mary of the Lake is famous for its architecture, impressive library, and pastoral grounds. After the tour, the group will enjoy a buffet lunch in the dining hall. After lunch, we will travel to Marytown in Libertyville. At Marytown, learn about the National Shrine of St. Maximilian Kolbe, built to honor a Polish Conventual Franciscan priest who traded his life for another in the Auschwitz death camp. Churches in our anticipated itinerary are active sacred places, and the itinerary is subject to change due to unforeseen circumstances. We hope you can join us for this unique and inspiring tour of Lake County's historical and religious sites.

The trip includes transportation by Park District bus, tours, and lunch. **Moderate standing, walking, and stairs.**

Reg. Deadline: Th, Oct. 3 or when full

Th Oct. 17 9:15a-4:30p Min/Max: 6/14

Active Adults Trips...

For more details or if you have questions, please contact Allison Tibor at 847.356.6011 x 1005 or atibor@lindenhurstparks.org.

Pinstripes

Northbrook, IL

50+

\$65NR

Pinstripes was built from a passion for gathering, celebrating, and experiencing sophisticated fun. Bocce, also known as Italian lawn bowling, is one of the most widely played games in the world. It is simple and can be played by people of all ages and skill levels. Enjoy a delicious, family-style Italian lunch and two hours of bocce fun. Whether you are competitive or just looking for a relaxing day out with friends, Pinstripes is the place to be.

The trip includes transportation by Park District bus, bocce, and lunch. **Minimal walking.**

Reg. Deadline: Fri, Oct. 25, or when full

Th Nov. 7 10:30a-2:30p Min/Max: 6/14



VERY POPULAR!

The Wreath Factory & Cedarburg

Cedarburg, WI

50+

\$89NR

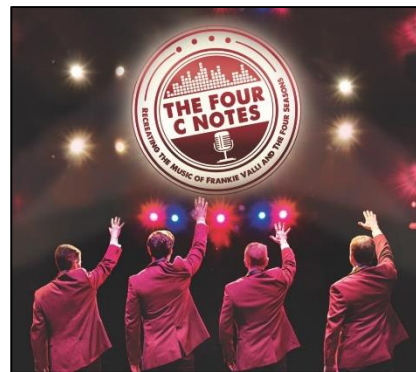
Register Quick!

Join us for our 14th Annual Wreath-Decorating outing to The Wreath Factory at Otter Creek. Custom decorate your own freshly made holiday wreath using such supplies as ribbons, bows, and holiday garnishes, all while under the watchful eyes of their professional staff. Once your wreath has been completed, you will have time to shop their unique Christmas store while viewing their beautifully decorated Christmas trees. This is a very popular stop during the holiday season. We will enjoy boxed lunches from Antoinette's while we travel south to our second destination, the town of Cedarburg. Once in town, we will have 2 hours to shop and enjoy the beautifully preserved downtown area. This is a trip you will not want to miss! You'll bring home a custom holiday wreath and possibly start holiday shopping or at least stop by the winery to stock up on hostess gifts. Please select your lunch entrée: Ham & Cheese on a Pretzel Bun, Turkey & Provolone on a Pretzel Bun, Turkey Bacon Club Wrap, Veggie Wrap, Asian Chicken Wrap, Chicken Caesar Wrap, B.L.T. Wrap, and Cranberry Walnut Chicken Wrap. All entrées are served with chips, fresh fruit, and drink.

The trip includes transportation by Park District bus, wreath, and lunch. **Extensive standing and walking.**

Reg. Deadline: Fri, Nov. 8 or when full

F Nov. 22 7:30a-6:00p Min/Max: 6/14



The Four C Notes: Seasons Greetings – The Best of Frankie Valli and the Four Seasons plus Rock and Roll Holiday Hits!

Arlington Heights, IL

50+

\$68NR

Pioneered by John Michael Coppola, best known for his appearance in Chicago's long-running production of the Broadway smash hit Jersey Boys, The Four C Notes are the Midwest's premier tribute dedicated to recreating the music of Frankie Valli and the Four Seasons. Four guys in vintage suits, singing great tunes with smart choreography, make The Four C Notes one of the most polished, top-quality tributes you'll ever experience. Ring in the holidays with The Four C Notes and their rockin' holiday show, featuring the biggest hits from those iconic "boys from Jersey" plus your favorite holiday chart toppers by artists such as Dion and the Belmonts, The Drifters, The Beach Boys, and many more! Enjoy lunch before the show.

The trip includes transportation by Park District bus, tour, and lunch. **Extensive standing and walking.**

Reg. Deadline: Fri, Nov. 22 or when full

Tu Dec. 3 10:00a-6:00p Min/Max: 10/14

PLEASE PRINT

☐ Entered

Primary Guardian
Last Name _____ First Name _____ Home Phone _____

Cell Phone _____ Work Phone _____ E-Mail Address _____

Address _____ **City** _____ **Zip Code** _____

Emergency Contact _____ **Emergency Telephone** _____

☐ Please check this box if you wish someone to contact you regarding special accommodations to participate in the program.

Would you like to donate to our participant scholarship? ☐ Yes ☐ No **\$1.00**

TOTAL	
--------------	--

Participant's Signature (18 years or older or Parent / Guardian): _____

PARTICIPATION WILL BE DENIED If the signature of adult participant or parent / guardian and date are not on this waiver.

TOTAL ENCLOSED \$ _____ ☐ **Cash** ☐ **Check #** _____ ☐ **Visa** ☐ **MasterCard** ☐ **Discover**

Credit Card Number: _____ CCV: _____ Exp. Date: _____