

# Fall 2023 Program Guide

Take a look at our latest program guide, browse our website, check out our Facebook and Instagram pages, but most importantly...visit us! Enjoy our many parks, and participate in or observe any of our popular programs or events.

# Creating Community through People. Parks and Programs

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### **General Information**

#### **Lindenhurst Park District Board of Park Commissioners**



Todd Solbrig President



Victoria McCabe Vice President



James Stout Treasurer



Sean Smith Commissioner



Sheri Chapman Commissioner

Lindenhurst Park District has a five (5) member Board. The Board members are unpaid and elected to six (6) year-term positions. Park Board members must reside within the Park District boundaries. Primarily, the Park Board establishes policies based on sound research and consideration of community needs. They adopt policies that allow the Park District to run efficiently, effectively, legally, and ethically. They request, receive, evaluate, and make decisions based on guidance from the Executive Director. Lindenhurst Park District encourages public interaction and believes in being actively involved in our community.

#### **Board Meetings**

Regular meetings of the Park Board of Commissioners are held on the second Tuesday of each month at 6:00pm at the Lindenhurst Park District. The public is always invited to attend. If you want to address the board, please contact Dave Mohr Jr., Executive Director, at 847.356.6011 x 1003 or <a href="mailto:dmohr@lindenhurstparks.org">dmohr@lindenhurstparks.org</a>.

#### About Us

Lindenhurst Park District is located in northwestern Lake County, Illinois. The District was formed in April 1988, making us one of the youngest Park Districts in this area. However, it's one of the fastest-growing Park Districts with various recreational programs and parks. We currently have 19 named park sites, including two beaches (25 parcels of open space total), that offer some of the newest active features combined with designated passive/natural areas. We also have a Community Center with a full-size gymnasium, a three-lane suspended walking/jogging track, fitness equipment, a dance studio, a senior/adult room, preschool and multi-purpose rooms, and a conference room, and they are all ADA accessible. A new 5,800-square-foot expansion is scheduled to open in August of 2023. The expansion will include a dance/aerobic studio, multi-purpose room, storage, offices, and dedicated preschool space.

#### **Registration and Administrative Offices**

Thomas J. Lippert Community Center 2200 East Grass Lake Road • Lindenhurst, Illinois 60046

#### Contact

Email <u>info@lindenhurstparks.org</u>

Main Line 847.356.6011



#### **In-Person Registration Hours**

M-F, 9:00am-4:00pm

#### Office Closed

Labor Day-Monday, September 4, 2023 Columbus Day-Monday, October 9, 2023

Thanksgiving-Thursday, November 23, & Friday, November 24, 2023 Christmas-Friday, December 22 & Monday, December 25, 2023



#### Website-Lindenhurstparks.org

Please register for a class, learn about new programs, check out our calendar, and Park District updates.

#### Facebook/Instagram

Please stay in the loop about special events and programs, and see our participants in action. Follow and like us and use the hashtag #lindenhurstparkdistrict.

### General Information

# **UPDATES We Are Almost There!**



Construction is almost complete at our Thomas J. Lippert Community Center. A new 5,800-square-foot expansion is open as of August 2023! We are thrilled to expand our indoor programming space to better meet the community's needs! Our new dance/fitness studio and large activity room will be home to your favorite activities and new programs! Check out our new fitness programs on page 38.













#### We Need Your Help!

We offer teens in grades 6th-8th and High School the opportunity to volunteer throughout the school year.

Volunteering at the Park District allows teens to fulfill the community service hours they may need. Volunteers need to register for the dates they are interested in.

# **CLICK HERE**

THANK YOU FOR YOUR SUPPORT!

What's your role at the LPD? **Recreation Program Manager** 

What does that mean exactly?

I manage Adult Programming, Dance and Special Events

What was your start date? June 16, 2023

What three words best describe the LPD to you? Creative, Fun and Engaging

What's your favorite Park District memory as a kid?

Attending summer camp with my friends. We spent our days ice skating, playing games, and improving our skills. We also took breaks to have fun at the beach or park. I miss those carefree days and wish I could relive them.

# **Registration Information**

## **General Information**



#### Wish Lists allow you to boo

Wish Lists allow you to bookmark your favorite activities before registration begins and pick up where you left off when you are ready. This is a great way to save activities you may be unsure of registering for or save them ahead of time so you can find and register as soon as registration opens!

WISH LISTS!

# **How Do I Register**

#### **Online**

#### REGISTRATION

Visit our website at www.lindenhurstparks.org for a Registration Help Guide.



# In-Person REGISTRATION

Lindenhurst Park District M-F, 9:00am-4:00pm 2200 East Grass Lake Road Lindenhurst, Illinois 60046

# Drop Box

#### REGISTRATION

After office hours-Drop Box located to the right of the front door (upper parking lot)



**Easy Ways!** 

#### Mail-In

#### REGISTRATION

Lindenhurst Park District

Att: Registration

2200 East Grass Lake Road Lindenhurst, Illinois 60046

#### Email

#### REGISTRATION

Email a completed registration form and waiver to registration@lindenhurstparks.org.

#### How Do I Pay?

Register online using Visa, MasterCard, or Discover. For inperson, mail-in, or Dropbox, cash, check, or charge payments may be made. Checks should be made payable to the Lindenhurst Park District. There will be an automatic \$25.00 service charge on all returned checks and credit cards with insufficient funds.

#### **Refund Policy**

To receive a refund, you must withdraw from a program at least 7 days prior to the start. Program refunds will be less a \$5 service charge for programs under \$99 or a \$10 service charge for programs over \$100. Withdrawals within one week of the start date will only be refunded for medical reasons or relocation and will be pro-rated. Full refunds will be given when the district cancels programs due to low registration. Refunds will be processed within 14 days of request. Please note all refunds will be processed as a household credit. Trips and special event refunds will be less prepaid costs such as tickets, admission, and meals.

#### Are You R (resident) or NR (non-resident)?

Resident rates apply to people residing within the Lindenhurst Park District boundaries who contribute financial support to the Park District through property taxes. Non-residents live outside the Lindenhurst Park District boundaries and are always welcome. The easiest way to check your residency is to look at your county tax bill (check for Park District taxes paid). The Park District will ask for proof of residence to establish your discount.

Are you a **NEW** Lindenhurst Park District resident? Park District residents receive a 20% discount off most listed prices! Set up your resident discount by calling the office before registering online at 847.356.6011.



#### How to Create a New Client Account

If you do not have an account, go to our website at www.lindenhurstparks.org.

- 1. Click on the Programs tab, then click on Register Now!
- Choose an activity to register for and click "Create an account" on the bottom left of the pop-up window. The account must belong to an adult 18 years or older.
- You will receive an email confirmation that your account was successfully created. This email must be validated to activate your account information.

#### Log-in to an Existing Account

There are several ways you can access your account once it has been activated. Go to our website at www.lindenhurstparks.org.

- You Can Either:
  - •Under the Contact Us tab, select My Account.
  - or Select the Programs tab, Click-on Register Now on Amilia! then click on My Account.
- -You can also choose an activity to register for, and you will be prompted to log-in.
- -Remember that your email address is your user-name. If you forget your password, you can reset it once you log-in with your user-name or choose to log in via Facebook, Google, or Office 365.

# TOUCH-FREE! TRUCK

This event will not be rescheduled if cancelled due to inclement weather

# Sat, August 19 10am-12pm

Lindenhurst Park District Community Center

2200 East Grass Lake Road, Lindenhurst

Kids of all ages can climb on and explore a variety of vehicles at this family-friendly event. Parental supervision is required, and cameras are encouraged!

Please note; this event includes many loud noises, horns, and sirens. No registration is required.





# HAS ALL THE HARD-TO-FIND CHEVROLET & KIA MODELS!





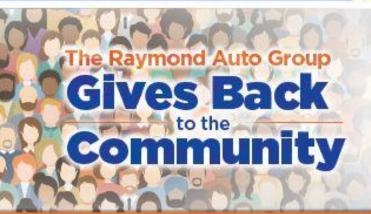


- No Hidden Fees
- Upfront Pricing
- Transparent Costs

An expert team for all your automotive needs after the sale



- SERVICE
- BODYSHOP
- PARTS



The Raymond Auto Group believes in giving back to the community. We are proud supporters of:

Antioch High School, Round Lake High School Drivers Ed vehicles, Holiday Shop with a Cop, USO, Lindenhurst/Lake Villa Live Music in the Parks, Open Arms Mission & Grant Township Food Pantry, Breast Cancer Awareness, and local youth baseball and football programs to name a few!

# RAYMONDDEALS.COM



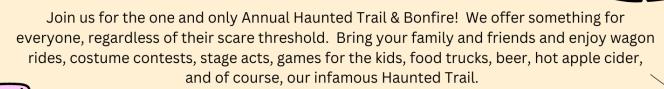


Lindenhurst Park District's

# and Bonfire

3-8pm **Forest View Park** 

513 Forest View Drive, Lindenhurst



# EVENT SCHEDULE

3-8pm \*Food Trucks and Beer Sales from Black Lung Brewery

3-8pm \*Kids Games, Bounce House, Hay Maze, Pumpkin Painting

3-6pm \*Wagon Rides (\$1 or 1 canned food item)

3:30pm Registration begins for Costume Contest

4pm Hot Apple Cider (while supplies last)

4:30-5:30pm \*Haunted Trail (still light out)

6-8pm \*Haunted Trail (dark!)

5:30pm Jason the Juggler

6-8pm SODA - Live Band!

Dusk Bonfire!

Tickets are \$1

\*Ticket or Fee Applies

Tickets are available at the Ticket Tent Cash and Card will be accepted for ticket purchases (a 3% convenience fee applies for credit card purchases).



Costume Contest

Ages: 2-5, 6-8, 9-13 and our

**NEW Family Group** 

### DON'T BE SCARED!

Do You Want to Volunteer or have a Spooky Scene?

If you are interested in having a scene in the trail or just want to volunteer, contact Allison at atibor@lindenhurstparks.org

Spookiest Sponsor





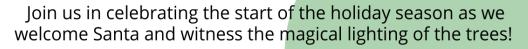


# Santa's, coming to town

# Clican

Tree Lighting Saturday, December 2 4-6pm





- Santa will make a grand appearance at approximately 4:15 pm and light up the outdoor trees with his magic touch.
- Following the tree lighting, head on over to the gym to enjoy some holiday festivities.
- Visit Santa, and snap a picture.
- Drop off your letter to Santa at our North Pole Mailbox!
- Stop by and say hi to our friends from State Bank of The Lakes.
- Indulge in free holiday cookies courtesy of the Lake Villa District Library.
- Enjoy free Hot Cocoa from our friends at Forest Orthodontics.
- Enjoy entertainment from local entertainers.
- More details coming soon!

It's a perfect opportunity to make some lasting memories with your family, so be sure not to miss out on this wonderful family event.



Forest Orthodontics & Pediatric Dentistry Lake Villa District Library State Bank of The Lakes



# Is your wish list ready to give to Santa?

Ho ho ho! The hardworking elves of Santa will be setting up a North Pole Mailbox at the Community Center. Get your pens ready and write your

Christmas wishes to Santa Claus.

Don't forget to drop your letters in our special mailbox starting Dec. 1. Santa is excited to read your letters and will surely write back! Remember, Santa's letters must be received by Dec. 13 at 4:00pm to make it on his nice list!

Parents, please make sure to leave your return address on your letter.

have you been good?



**TUESDAY, DECEMBER 19** 

6:00-7:30PM

### THE EXCITEMENT IS BUILDING...

Come and spread some Christmas cheer with us at our Gingerbread Workshop.

- Get into the holiday spirit by decorating your very own gingerbread creation!
- Enjoy delicious hot cocoa.
- Get "Merry" with some festive tunes.
- Snack on an assortment of yummy treats while you work.
- Take home your masterpiece and show it to all your loved ones during this magical time of the year.

OH, SNAP! DON'T MISS THE REGISTRATION DEADLINE OF DEC. 12 OR WHEN FULL.

6-12 YEARS DEADI \$16R/\$20NR COMMUNITY CENTER ACTIVITY 1 & 2



Play holiday games



orthodontics Get a family picture with Santa



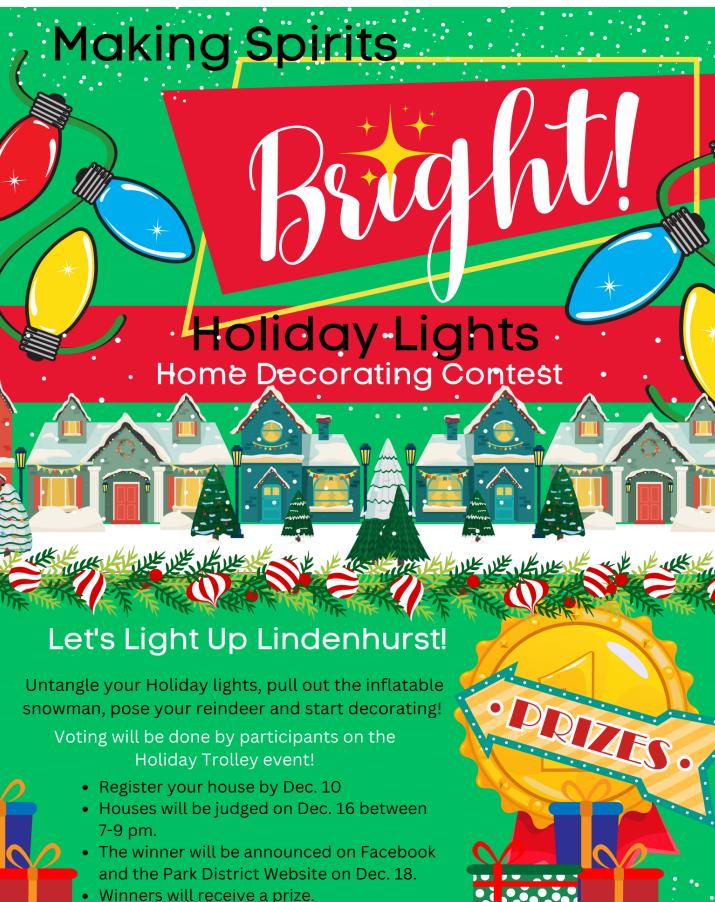
Join us for a festive adventure starting at the Community Center with a Hot Cocoa Bar sponsored by Sweet Water Homes. Then you will get your ticket to board the trolley and travel through town to view homes and businesses that have been decorated for the holidays! Sing carols with Sparkles the Elf! This event will sell out quickly! Each individual must be registered; children must be accompanied by an adult. Thank you to our Main Sponsor, Orthodontic Specialist of Lake County.



Participants will judge homes that have entered the Home Decorating Contest!







# **COME GROW WITH US**

and be a part of our Park District family!

Lindenhurst Park District's

# BEFORE & **AFTER** SCHOOL **PROGRAM**

The Before & After School Program provides care for children from 6:30am until bus pick up and from bus drop off until 5:30pm.

### TWO SITES AVAILABLE!

SITE ONE: K-5th Lindenhurst Park District **Lippert Community Center** 2200 E. Grass Lake Road, Lindenhurst

Children will have access to a full-sized gym, track, playgrounds, parks, nearby walking paths, and classroom activity space. For Students at the following schools

#34-Oakland

#41-Hooper

SITE TWO: K-5th Lake Villa Township **Caboose Park** 

37908 N. Fairfield Rd, Lake Villa

Children will have access to open green space, playgrounds, sports fields, sled hill, and classroom space for activities.

For Students at the following schools

#41-Martin #41-Thompson

Both sites provide a supervised recreational outlet for students to participate in various engaging activities, including homework, crafts, games, and sports.

# 2023-2024 **SCHOOL YEAR**



6:30a-5:30p



### **Registration Information** New Options in 2023-2024

Families now have the flexibility to register for the full school year, by month, or by individual days. Get the best value with annual or monthly registration.

#### MEET THE STAFF

Drop in to meet program staff, tour the facility, and ask questions before the first day!

SITE ONE: K-5th

**Lippert Community Center Caboose Park** Thursday, August 10 6:00p-7:00p

SITE TWO: K-5th

Wednesday, August 9 6:00p-7:00p



If you are interested in visiting our program, checking availability, or would like more information, please contact Katie Kozuch at 847.356.6011 x 1004 or kkozuch@lindenhurstparks.org.

# **BEFORE & AFTER SCHOOL PROGRAM**

#### **HOW TO REGISTER**

To register for the Before & After School Program, please visit www.lindenhurstparks.org and follow these tabs:

- Programs>Register Now>Before & After School Program-2023/2024.
- Select the registration option that fits your family best for AM/PM Care and add it to your cart.
- You will then be prompted to pay in full for the days that you selected (drop-in), pay for the full month(monthly), or pay for your first installment (annual).
- CLICK HERE for Parent Handbook and necessary paperwork. Also available at www.lindenhurstparks.org/programs/before-afterschool-program/

### Annual Registration NEW!

Register your child for AM and/or PM care for the full school year (excluding Days Off Care/School Breaks). You will be assigned an automatic installment plan during the online registration process. Installments will be the total annual fee broken into 10 equal payments. The first payment will be taken at the time of registration. Subsequent payments will be charged on the first of the month beginning August 1, and the last payment will be on April 1.

#### Monthly (Session) Registration

Monthly Registration allows you to register for all program days during the month; choose AM and/or PM care. You will be prompted to pay in full for that month or call to set up an installment plan breaking your monthly fee into two payments; the first payment is taken at the time of registration, and the second payment is on the 15 of the month.

#### **Drop-In Registration**

If you choose to register using the drop-in option you have the flexibility to choose individual days throughout the month in both AM and/or PM care. Drop-In registration must be completed on a monthly basis unless you register and pay in full for the entire school year. Installment plans are not available for drop-in registration.

#### **Registration Deadline**

The registration deadline is 7 days prior to the beginning of the new month. Registration submitted after the 7 day deadline will incur a \$40 late fee if space is still available.

#### Early Release/No School

The Before & After School Program will observe school holidays, institute days, and early release days in accordance with Lake Villa District 41.

#### **Transportation**

Parents are responsible for contacting the school and bus service to arrange transportation. School Districts require students to have one drop-off and pick-up location throughout the year. If your child is not attending our program daily, consider using our location as their everyday pick-up/drop-off location.

#### **Refund Policy**

Refunds for non-attendance, a partial month's attendance, or withdrawal mid-month will not be given. Families who have registered for the Annual option should call to stop monthly installments prior to the first of the month. Those registering month-to-month may stop registration at any time throughout the school year.

#### What to Bring

Bring a nut-free snack and water bottle each day.

#### **FEES**

- A registration fee of \$50 per child is required at the time of registration. This fee is non-refundable.
- AM Care:
  - \$13 per day (drop-in) or \$12 per day (annual/monthly).
- PM Care:
- \$19 per day (drop-in) or \$18 per day (annual/monthly).
- A Credit Card Authorization Form must be completed and on file AND/OR a credit card must be saved to your household account with the Park District to participate in the program.
- Annual tuition installments are based on the total number of school days divided into equal payments (not the number of school days in the month).

#### **Payment Plans**

Installment billing is available as an option during registration to those utilizing Annual or Monthly registration.

### School Days Off Care - 2023-2024

Date Fee Day School Year Start-Up Week 1 Aug. 14-18 \$275/wk or \$60/day School Year Start-Up Week 2 Aug. 21-22 \$110/wk or \$60/day In-Service Day Oct. 6 \$60 Thanksgiving Break Nov. 20-22 \$165/wk or \$60/day Winter Break Camp wk 1 Dec. 26-29 \$220/wk or \$60/day Winter Break Camp wk 2 Jan. 2-5 \$220/wk or \$60/day Jan. 15 Martin Luther King Day \$60 Feb. 16 \$60 In-Service Day Conferences Mar. 8 (D41 Only) \$60 Mar. 25-29 \$275/wk or \$60/day Spring Break Camp

#### Join your friends for fun at the Community Center during days off school and school breaks

- All Days Off Care will be held at Site One – Lippert Community Center.
- Separate registration is required.
   Care will be available on the following dates from 6:30am-5:30pm.

# **BEFORE & AFTER SCHOOL PROGRAM**

ONLY \$60-A DAY

# 6:30AM-5:30PM CAMPS

GRADES K-5TH

Join us for fun-filled activities during the school break!

Each day, we have a special theme with a variety of indoor and outdoor games, crafts, gym time, movies, and more. You can register for the full week or just the days you need care. Don't miss the chance to have a blast with us!

Make sure to register before the deadline!

# THANKSGIVING BREAK CAMP

Mon, Nov. 20-Pajama Party

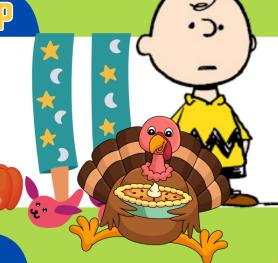
Tues, Nov. 21-Pumpkin Day Wed, Nov. 22-Charlie Brown Thanksgiving

\$60-A Day

\$165-Full Week

Reg. Deadline: Mon, Nov. 13

or when full.



# WINTER BREAK CAMP

#### Week 1

Tues, Dec. 26-Pajama Party Wed, Dec. 27-Grinch Party

Thur, Dec. 28-Mad Scientist

Fri, Dec. 29-Noon Years Pizza Party

\$60-A Day

\$220-Full Week

Reg. Deadline: Mon, Dec. 18

or when full.

#### Week 2

Tues, Jan. 2-Snow Much Fun

Wed, Jan. 3-Master Chefs

Thur, Jan. 4-Trivia Day

Fri, Jan. 5-Movie Day at the LPD

\$60-A Day

\$220-Full Week

Reg. Deadline: Tues, Dec. 26

or when full.





# A Fun Place to Learn & Play!

The Lindenhurst Park District's Engle Junction Preschool provides a program for children ages three through four years of age. We strive to provide a warm, accepting environment where learning is fun. Our experienced teachers offer a variety of developmentally appropriate activities designed to help children learn and grow socially, emotionally, physically, and intellectually.

#### **Class Descriptions**

#### 2.5-Year-Old Program NEW!

This NEW introductory program for young children focuses on early learning, creativity, and play, emphasizing getting along well with others in a group setting. This can be their first experience being responsible for themselves and adjusting to schedules and procedures. Pull-Ups are allowed.

#### 3-Year-Old Preschool

This class is great for children developing their early literacy, motor, and social skills. Students engage in creative projects, songs, and cooperative play every day.

#### 3-4-Year-Old Multi-Age Preschool

This hybrid class focuses on peer learning that mimics family and neighborhood structures. Older children feel pride when helping younger students, and younger students can push themselves and reach beyond their and their families expectations.

#### 4-Year-Old Preschool

This class is great for children developing their early literacy, motor, and social skills. Students engage in creative projects, songs, and cooperative play every day, emphasizing kindergarten readiness.

#### 4-Year-Old Pre-K Preschool

This 4 day/week class provides students with engaging, meaningful, and creative activities. With one more day of attendance, children have more experience and time to develop their skills for kindergarten.

### Our Philosophy

Engle Junction Preschool aims to provide a safe and nurturing learning environment where each child is recognized and appreciated.

# All-Aboard!

#### Our Curriculum

Our curriculum, guided by the Illinois Early Learning Standards, is founded on the belief that children learn best through creative play and exploration. Our classrooms and curriculum have been carefully designed to promote varied learning experiences. Children participate in individual, small group, and whole-group activities daily.

We strive to prepare our preschoolers for elementary school by incorporating activities into our program that promote the development of social, emotional, physical, cognitive, and language skills.

Our teachers recognize each child's unique learning styles, needs, and interests and work diligently to offer learning experiences that are developmentally appropriate considering our students' ages, individual needs, and social and cultural contexts.

# ENGLE JUNCTION Preschool



#### 2023–2024 School Year

# All-Aboard!

# How to Register

If you are new to Lindenhurst Park District, a household account will need to be made prior to registration.

To register for preschool, visit www.lindenhurstparks.org and follow these tabs:

- Programs/Register Now/Engle Junction Preschool-2023/2024
- Select the program you want to register for and add it to your cart
- You will be prompted to pay in full or select monthly installments for the school year.

### Payment Details

- A \$50 non-refundable registration fee will be charged at the time of registration.
- A deposit equal to one months tuition (used for May 2024) must be paid at the time of registration to secure your space for the upcoming year.
- If you choose monthly installments, eight equal payments will be automatically charged to your credit card on the first day of each month beginning in September and ending on April 1. A \$40 late fee will be applied if a payment is returned for insufficient funds.
- Tuition payments are based on the total number of school days divided into equal payments (not the number of school days in the month).

#### **Refund Policy**

Refunds for a partial month's attendance or withdrawal midmonth will not be given. The last month's tuition payment (paid at the time of registration) is non-refundable after August 15. If you withdraw before August 15, a full refund (less a \$10 service charge) will be issued. If you would like to withdraw contact Katie Kozuch, Recreation Program Manager, at kkozuch@lindenhurstparks.org.

# Requirements All children must be able to use the restroon

- All children must be able to use the restroom independently.
- When enrolling in Engle Junction Preschool, your child must be the appropriate age by Sept. 1, 2023.

We often incorporate special activities to enhance the learning experience of our preschoolers. These activities may include visits from special guests, guest readers, field trips, themed days, and holiday parties.







If you are interested in visiting our preschool, checking availability, or would like more information, please contact Recreation Program Manager, Katie Kozuch, at 847.356.6011 x 1004 or kkozuch@lindenhurstparks.org.

# ENGLE JUNCTION Preschool

The Program Begins Tuesday, September 5, and Wednesday, September 6

#### **Engle Junction Preschool 2023-2024 Schedules**

Days	Times	Preschool Room	Teacher/Aide	Monthly Fees
2.5-Year-	<b>Old</b> (30-36 months)			
Tu/Th	8:30a-10:00a	Preschool C	Mrs. Baker/Mrs. Anderson	\$163NR
Tu/Th	9:00a-10:30a	Preschool A	Mrs. Derrick/Mrs. Silvola	\$163NR
Tu/Th	10:30a-12:00p	Preschool C	reschool C Mrs. Baker/Mrs. Anderson	
3-Year-Ol	d			
M/W	9:00a-11:15a	Preschool C	Mrs. Baker/Mrs. Anderson	\$175NR
Tu/Th	8:45a-11:00a	Preschool D	Mrs. Greig/Mrs. Johnson	\$175NR
3-4-Year-	Old Multi-Age			
Tu/W/Th	12:00p-2:30p	Preschool D	Mrs. Greig/Mrs. Johnson	\$244NR
4-Year-Ol	ld			
M/W/F	8:30a-11:00a	Preschool D	Mrs. Greig/Mrs. Johnson	\$244NR
M/W/F	8:45a-11:15a	Preschool A	Mrs. Derrick/Mrs. Silvola	\$244NR
M/W/F	8:45a-11:15a	Preschool B	Mrs. Brean/LPD Staff	\$244NR
4-Year-Ol	d Pre-Kindergarte	n		
M-TH	12:15p-2:45p	Preschool A	Mrs. Derrick/Mrs. Silvola	\$314NR

If you are interested in checking availability for our current school year, visiting our Preschool/Enrichment Program, or would like more information, please contact Recreation Program Manager, Katie Kozuch, at 847.356.6011 x 1004 or kkozuch@lindenhurstparks.org.



M/W/F 9/6/23-5/15/24 11:15a-2:30p **Preschool B** Mrs. Brean \$189NR per month





Is your child ready for more than just two and a half hours of preschool? Students will enjoy...

- Hands-on, meaningful experiences
- Play-based learning centers for math, science, dramatic play, language and literacy, music, and art to help enrich their learning.

trip days) and curriculum. Children will be escorted to their room by Park District staff. Please pack a nut-free lunch for your child. Your child must be enrolled in Engle Junction Preschool to register.





#### Shake It Up

#### 4-5 years \$165NR

Dance to your favorite Disney and Kid's Bop songs! Learn basic techniques and choreography in a creative, positive environment and learn a short dance combination. Improve balance, rhythm, and musicality. The styles of dance will vary but will consist of Ballet, Jazz, and Hip Hop. We end each class with a game of freeze dance! We plan on doing a mini showcase towards the end of the session!

Location: Studio B Min/Max: 5/8 Instr: Kat Varadi

M 10/16-11/27 11:15a-12:30p 6 classes no class 11/20

# Wednesday

#### **Little Musicians**

#### 4-5 years \$165NR

In this enrichment class designed for early childhood, students will receive an introduction to music, movement, and steady beat. They will also learn how to be tuneful with their voices and express themselves through music. The class will include singing simple songs, performing rhymes and finger plays, playing with simple instruments, and listening to beautiful stories. Children of all levels of experience are welcome to attend and this class is sure to set a foundation for a lifelong love of music.

Location: Studio B Min/Max: 5/8 Kat Varadi Inst:

W 10/18-11/29 11:15a-12:30p 6 classes no class 11/22

#### **LEGO Building Class**

#### 3-4 years \$109NR

Find your passion for creating and building with us! Extend your preschool day by an hour, and have fun building new LEGO creations with your friends. We will focus on a different theme each week, which will help us practice our creative building skills. In the last class, you will receive a LEGO set to take home and complete together as a family. We hope to see you at our LEGO Building Club! This will be an excellent introduction to a passion that could last a lifetime.

Location: Activity 1 Min/Max: 5/8

**Amie Briggs** Instr:

T 10/3-10/24 11:00a-12:00p 4 classes

# **Thursday**

#### **Science Superstars**

#### 3-5 years \$109NR

Your child's curiosity about science will EXPLODE over this class! We will create, concoct, and hypothesize before reaching conclusions on various experiments. Safety first – goggles will be provided, and all experiments will use common household items. Each child will receive a packet of experiments to recreate our science wonders at home.

Location: Activity 1 Min/Max: 5/8

Instr: Amiee Briggs

> Th 11/2-11/30 11:00a-12:00p 4 classes no class 11/23

#### Play It All Sports

#### 3-5 years \$109NR

Tuesday

Students will have fun playing different sports, such as soccer, basketball, flag football, and kickball. They will learn the importance of teamwork, problem-solving, and good sportsmanship. We will focus on a different sport each week to help students improve their skills.

Location: Gymnasium Min/Max: 5/8

Instr: **Amie Briggs** 

10/31-11/28 11:00a-12:00p 4 classes no class 11/21

# **Friday**

#### **Book Buzz**

#### 4-5 years \$165NR

Join Mrs. Kat's extend your day class that emphasizes social and language skills during "circle time." Each week, a new theme with relevant activities will be introduced. Mrs. Kat will ensure that each student's needs are met. The class will include reading a book related to the theme, singing or dancing to a song, and making a craft. The session ends with a

Location: Studio B Min/Max: 5/8 Kat Varadi Instr:

10/20-12/1 11:15a-12:30p 6 classes

no class 11/24

# Early Childhood Interests

Lindenhurst residents will receive a 20% discount!

# **KIDS ART & COOKING CLASSES**

# ARTISANS CLUB



Find your love of art with us. This will be an excellent introduction to a passion that could last a lifetime!

- Each week we will explore different artists, their lives, and their styles of art.
- After learning about the artist, we will then create our own masterpieces!

Tuesdays, Oct. 3-Nov. 14 no class 10/31 5:00p-6:00p

4-7 YEARS \$119NR Activity 1 Min/Max: 5/8 Instr: Katarzyna Stelmack

# GROWING CHEF



Cooking is a great activity for kids, and it's fun! Children will enjoy experimenting with different ingredients and learning how to follow recipes.

- Come measure, mix, and do a little baking with us.
- Each week we will make 2-3 cute and tasty recipes to enjoy.
- We will make our very own recipe book with everything we created during class.



4-7 YEARS \$132NR Activity 1 Min/Max: 5/8 Instr: Katarzyna Stelmack





# Wiggle, giggle, dance, and sway, have some fun the Rock 'n' Kids way!

#### **Tot Rock**

# 1-2 years w/caregiver \$92NR

Tot Rock is a music, movement, and imagination program. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and will include song and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, each session will have a new educational theme! Join us for music that really can't be "beat"!

Location: Studio B

Min/Max: 4 Contr: Rock 'n' Kids, Inc.

Sa 9/16-10/21 9:30a-10:10a 6 classes Sa 11/4-12/16 9:30a-10:10a 6 classes no class 11/25



#### **Kid Rock**

# 2-3 years w/caregiver

Kid Rock is a music, movement, and imagination program. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and will include song and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, each session will have a new educational theme! Join us for music that really can't be "beat"!

Location: Studio B Min/Max: 4

Contr: Rock 'n' Kids, Inc.

M 9/12-10/21 10:15a-10:55a 6 classes M 11/4-12/16 10:15a-10:55a 6 classes no class 11/25

# Early Childhood/Youth Interests

Lindenhurst residents will receive a 20% discount!



# little medical school<sub>®</sub>

# **AGES 4-6 YEARS**

#### Little Doctor School-Pre K

#### 4-6 years \$215NR

Camp participants will role-play the key responsibilities of a doctor and learn about vital organs in the human body. These future doctors will learn how to use a stethoscope, blood pressure cuff, and reflex hammer. They will practice administering first aid, learn how pharmacists play a role in administering medication, and more.

Location: Activity 2 Min/Max: 8/16

Contr: Little Medical School

Sa 10/14-10/28 10:00a-12:00p 3 classes

#### Little Veterinarian School-Pre K

#### 4-6 years \$242NR

After "adopting" their very own plush puppy, students will role-play the key responsibilities of a veterinarian, including how to perform a nose-to-tail exam properly. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate dogs.

Location: Activity 2 Min/Max: 8/16

Contr: Little Medical School

Sa 12/2-12/16 10:00a-12:00p 3 classes





# **AGES 7-11 YEARS**

#### **Little Doctor School**

#### 7-11 years \$215NR

Camp participants will role-play the key responsibilities of a doctor and learn about vital organs in the human body. These future doctors will learn how to use a stethoscope, blood pressure cuff,

#### Little Veterinarian School

#### **7-11** years \$242NR

After "adopting" their very own plush puppy, students will role-play the key responsibilities of a veterinarian, including how to perform a nose-to-tail exam properly. These future veterinarians will learn how to sew stitches, remove ticks, make healthy

3 classes

Lindenhurst residents receive a 20% discount!





Leapin' Lizards! Everyone's favorite orphan is coming to the Lindenhurst Park District. This musical theatre class will concentrate on the songs and dances from the Broadway hit "Annie." Come join us as we perform numbers like "It's a Hard Knock Life," "You're Never Fully Dressed Without a Smile," and that ever-popular hit, "Tomorrow."

Parents, families, and friends are invited to a showcase performance on the last day of class, October 14, at 11:30am in Activity Room 1.

Location: Activity 1

Min/Max: 8/15

Instr: Jeanna Daebelliehn

Sa 9/9-10/14 10:30a-11:30a 6 classes

# Fractured Fairy Tales

#### Reader's Theatre

6-10 years \$80NR

Join us in the telling of classic fairy tales with a twist. We're talking about Fractured Fairy Tales. This non-musical theatre class will focus on acting skills, characterization, and storytelling. See what happens when the Three Pigs find out they have a sister, when Little Red Riding Hood learns a lesson, and when Jack from the Beanstalk tells a fib.

Parents, families, and friends are invited to a showcase performance on the last day of class, Saturday, December 9, at 11:30am in Activity Room 1.

Location: Activity 1 Min/Max: 8/15

Instr: Jeanna Daebelliehn

Sa 10/28-12/9 10:30a-11:30a 6 classes

no class 11/25



# LINDENHURST PARK DISTRICT

# Studio Dance



Ms. Angelique, our Dance Director along with her highly qualified professional dance staff have many years of professional dance teaching.

Our philosophy is to provide a professional and skilled educational dance curriculum and instill an appreciation and love for the art of all dance styles in a safe and enjoyable dance studio environment. Our dance teachers will encourage each student to excel to their fullest potential while having fun, learning, and experiencing the lifelong love of dance.

Your dancer will love the opportunity to learn how music and movement give them self-confidence while developing social skills and having fun!

For more details or if you have questions, please contact our Dance Director, Ms. Angelique at lpddancedirector@gmail.com

# Fall Dance

Our Studio Dance Classes are a perfect way to keep your child active and engaged this fall without the pressure of preparing for a recital. Our classes cater to children aged 2.5-15 and offer a wide range of dance styles, from ballet to hip-hop. By participating in our classes, children can improve their physical strength and coordination while also building confidence and teamwork skills. Don't miss out on this opportunity to give your child the gift of dance!

#### **FALL SCHEDULE 2023**

CLASS/AGE	DAY	DATES	TIME	#CLASSES	NO CLASS	FEE
Pitter Patter Feet-2.5-3y	Th	9/14-12/14	4:30p-5:00p	13	11/23	\$171NR
Little Tutus-3-4y	M	9/11-12/11	4:30p-5:00p	13	10/9 &11/20	\$158NR
Princess Dance-4-6y	Th	9/13-12/13	5:00p-5:30p	13	11/23	\$219NR
*Dance 1-4-5y	W	9/13-12/13	4:30p-5:15p	13	11/22	\$219NR
*Dance 2-5-6y	M	9/11-12/11	5:00p-5:45p	13	10/9 &11/20	\$203NR
Jr. Hip Hop-5-7y	M	9/11-12/11	5:45p-6:30p	13	10/9 &11/20	\$203NR
Disney Dance Party-5-10y	Su	9/10-12/17	10:00a-11:00a	a 13	10/8 &11/26	\$158NR
Cheer Squad-5-10y	Su	9/10-12/17	11:15a-12:15	o 13	10/8 &11/26	\$158NR
Beginning Lyrical-6-9y	Т	9/12-12/12	5:00p-5:30p	12	10/31 &11/21	\$158NR
*Dance 3-6-10y	W	9/13-12/13	5:15p-6:00p	13	11/22	\$258NR
Strictly Ballet-6-12y	Т	9/12-12/12	4:30p-5:00p	12	10/31 &11/21	\$203NR
*Just Jazz and Tap-6-12y	W	9/13-12/13	6:00p-6:30p	13	11/22	\$219NR
Hip Hop/Jazz Funk-8-12y	Th	9/12-12/12	5:30p-6:15p	13	11/23	\$258NR
Lyrical-10-15y	Т	9/12-12/12	5:30p-6:15p	12	10/31 & 11/21	\$239NR



# LINDENHURST PARK DISTRICT

# Studio Dance Center

# Dance Class Descriptions

#### **Pitter Patter Feet**

#### 2.5-3 years

This is a creative dance and movement class for your little dancer. Children will develop a sense of rhythm and creativity through music and develop their fine and gross motor skills while having fun! Must be 2.5 years old by the start of class.

Attire: Leotard and tights and ballet slippers, pull-ups if not toilet trained.

#### **Little Tutus**

#### 3-4 years

This is the next step up from Pitter Patter Feet and will incorporate pre-ballet steps with more structured dance combinations.

Attire: Leotard, tights, and ballet shoes. Hair pulled up.

#### **Princess Dance**

#### 4-6 years

Dress up as your favorite princess and learn pre-ballet steps. You'll pretend to be a different princess each week and dance with creative moves to your favorite Disney Princess songs. Attire: Princess outfits or tutus and ballet shoes. Hair in a bun or pulled up.

#### Dance 1

#### 4-5 years

Basic fundamentals of classical ballet and beginner tap techniques.

Attire: Leotard, tights, ballet shoes, tap, and jazz shoes. Hair in a bun or pulled up.

#### Dance 2

#### 5-6 years

Includes beginner/intermediate steps of ballet and tap technique.

Attire: Leotard, tights, ballet shoes, tap, and jazz shoes. Hair in a bun or pulled up.

#### Jr. Hip-Hop

#### 5-7 years

Have fun learning hip-hop, a street dance style that evolved from hip-hop culture and hip-hop music.

Attire: Leggings, t-shirt, or tank top with clean-soled sneakers/gym shoes.

#### **Disney Dance Party**

#### 5-10 years

In this beginner hip-hop musical dance class, students will build dance performance skills to their favorite Kid's Bop and Disney Movie favorites! We will start class with a warm-up and stretch and then learn foundational performance skills through Disney Musicals.

#### **Cheer Squad**

#### 5-10 years

Everyone is welcome on our cheer squad! This class will focus on learning cheerleading basics, chants, and cheers. We will begin to practice cheer jumps too! There will be fun games and socialization, just like a true cheer squad!

#### **Beginner Lyrical Dance**

#### 6-9 years

Our beginner lyrical class introduces the dancer to elements of ballet, jazz, and contemporary styles. Lyrical is flown with smoother movements and is a little faster moving than ballet and uses the free movement of personal expression to the specified music.

Attire: Leggings, tank top, bare feet, or dance footies. (Amazon carries footies). Hair pulled off face.

#### \*Dance 3

#### 6-10 years

Intermediate, classical ballet, and tap variations with an introduction to jazz. \*Students must have one year of ballet and tap to register.

Attire: Leotard, tights, ballet shoes, tap, and jazz shoes. Hair in a bun or pulled up.

#### **Strictly Ballet**

#### 6-12 years

Introduction to the fundamentals of classical ballet. Focusing on poise, body alignment, proper posture, and grace. Attire: Leotard, tights, and ballet shoes. Hair in a bun or pulled up.

#### **Just Tap and Jazz**

#### 6-12 years

Just Tap introduces rhythmical and musical steps. The jazz portion has a few spicy movements with a bit more of a fun flare style! This is a split-style class.

Attire: Leggings, tank top, tap, and jazz shoes. Hair pulled off face.

#### Hip-Hop/Jazz Funk

#### 8-12 years

This class is a relaxed version of jazz dance and has a contemporary "pop music" feel to it. Get ready for a very energetic form of dancing that is derived from street dancing and funky jazz dance. This high-energy hip-hop class will bring your skills to the next level. Formations and more advanced hip-hop steps to master. Be ready to have fun and work hard! Please bring a water bottle to each class.

Attire: Leggings or Capris and a tank top, clean dance sneakers are required.

#### Lyrical

#### 10-15 years

Intermediate level of dance which is created from the fusion of ballet and contemporary dance techniques. Free movement of personal expression to the specified music and involving emotion, grace, and elegance.

Attire: relaxed pants or leggings, tank top, and footies required.

# KIDS NIGHTIN...

Calling all kids! Come spend the evening at the Lindenhurst Park District for a night of fun!

**5-12 years** 

\$16R/\$20NR per person

Community Center,

Activity 1 & 2

Max: 100

Children will spend a fun evening engaging in age-appropriate activities, games, and crafts inside and outside the Community Center. Pizza and juice will be served!



Reg. Deadline is Su, 9/10 or when full F Sept. 15 5:30p-8:30p 1 class



#### **Drive-In Movie**

Reg. Deadline is Su, 11/5 or when full F Nov. 10 5:30p-8:30p 1 class

#### **Holiday Scavenger Hunt**

Reg. Deadline is Su, 12/3 or when full F Dec. 8 5:30p-8:30p 1 class











#### General

**Drop-Off Program** 

# Youth/Teen Interests

Lindenhurst residents receive a 20% discount!



## **BABYSITTING CLASSES**



#### Mother's Helper Beginner **Babysitter Clinic**

#### 8-11 years \$82NR

This class is perfect for the responsible child with an early interest in caring for children! Learn the basics of babysitting, taught with the CABS curriculum, along with sitter safety and beginner first aid skills. Please bring a water bottle to class.

Location: Community Center

Min/Max: 7/10

Instr: Danielle Friedl

Th 10/12-10/19 5:30p-8:00p 2 classes

#### **Babysitting Clinic**

#### 12-15 years \$169NR

This MEDIC course teaches the knowledge and leadership skills necessary to provide excellent, safe, and responsible infant and child care. Video scenarios and life-size baby dolls provide hands-on practice of basic care for infants and children, child behavior, emergency protocol, and leadership. All students will be infant and child CPR certified by the end of the class. Please bring a water bottle to class.

Location: Community Center

Min/Max: 7/10

Danielle Friedl Instr:

Th 10/26-11/16 5:30p-8:00p 4 classes

#### **Bridges and Skyscrapers**

#### 6-11 years \$198NR

Explore the world of structural engineering and STEM with your very own Bridges and Skyscrapers Set you get to take home. Build up to 20 model-building experiments to learn about basic structural elements and witness the forces acting on structural components. Compete with your classmates to build the tallest tower using the pieces in your kit! Challenge yourself to build different types of bridges, such as suspension bridges or cablestayed bridges. Come bring out the architect side of you as you enter the fascinating world of structural engineering and explore the magic of STEM! This is a drop-off program.

Location: Grayslake Park District,

Multipurpose Room A

Min/Max: 6/14

Contr: Minds in Motion

Th 10/26-12/7 6:00p-7:00p 7 classes no class 11/23



#### **RE/CO Robot**

#### 7-12 years \$198NR

Build and take home your very own RE/CO Robot, a mechanical off-roading adventure equipped with infrared sensors and artificial intelligence. Its wireless remote control and tank-like tracks make it perfect for rugged terrain. The robot offers new play modes like storytelling, singing, dancing, and programming. Students can guide it over various terrains or allow it to lead the way using its infrared sensor. For parents who look to get the most out of their children's time, RE/CO Robot is a great all-in-one package! With 106 assembly pieces, RE/CO Robot offers STEAM learning, programming, and fun with infrared sensors, programming, and fun with a wireless remote control. This is a drop-off program.

Location: Grayslake Park District, Multipurpose Room A

Min/Max: 6/14

Contr: Minds in Motion

10/25-12/6 6:00p-7:00p 6 classes no class 11/22



#### **One-Day Horse Camps**

#### 4-12 years \$109NR

Enjoy a day with horses and ponies! During camp, children can learn how to ride, groom, and tack a horse or pony. Children will also have a chance to make their very own horse craft! This is a drop-off program only. Please bring a water bottle with you to camp. Long pants and hard-soled, closed-toe shoes are required. Safety helmets are provided. Parents are unable to stay for the duration of the camp. Registration must be completed one

week prior to the start of the program. Location: Pferde Farm, 41770 Hunt

Club Road, Old Mill Creek

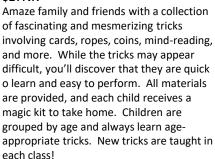
Min/Max: 5/25

Instr: Pferde Farm

Sa Sept. 16 9:00a-12:30p 1 class Sa Sept. 23 9:00a-12:30p 1 class Sa Sept. 30 9:00a-12:30p 1 class Oct. 7 Sa 9:00a-12:30p 1 class Sa Oct. 14 9:00a-12:30p 1 class 9:00a-12:30p 1 class Sa Oct. 21 Sa Nov. 18 9:00a-12:30p 1 class Nov. 25 9:00a-12:30p 1 class

#### **Magic Class**

#### 5-12 years \$27NR



Location: Community Center

Min/Max: 5/35 Instr: **Gary Kantor** 

1 classes 30 Sept. 6 6:45p-7:40p

#### **General**

**Drop-Off Program** 

# Youth/Teen Interests

Lindenhurst residents receive a 20% discount!



Welcome to Lisa Lombardi Coaching! Coach Lombardi and her team inspire through fusion concepts that pair up ideation with highly motivating life coaching strategies addressing: self-esteem, leadership, happiness, perseverance, communication, bully prevention, worry management, emotional control, and academic confidence. Your child's dreams and goals can come true with focus, accountability, and fun.

#### Life Coach for a Day!

#### 8-13 & 13-17 years \$44NR

This C.I.T. leadership program is for kids and teens interested in coaching. It covers the basics of coaching, including types of coaches, differences between therapy and social work, and potential earnings. Participants will become junior coaches and practice building self-esteem and goal-setting skills. The program also teaches ethics and problemsolving for babysitting or first jobs. It's a great addition to a college application or for a first job application.

Location: Grayslake Park District

Multipurpose Room A

Min/Max: 8/15

Contr: Lisa Lombardi

8-13 years

W Sept. 20 4:30p-5:30p 1 class

13-17 years

W Sept. 20 5:45p-6:45p 1 class

# The Spooky Thrills and Chills of Seasonal Ice Cream

#### 5-13 years \$44NR

We're boosting self-esteem with ice cream this fall! Kids will learn early chemistry concepts, build confidence, and become ice cream-making experts. We'll work together as a team to problem solve and make fall-themed flavors like Apple Cider Donut and Gooey Gummy Worms. We'll also explore the history of amusement park treats like Dippin' Dots and Eskimo Pies and end with an ice cream-eating contest. It's a fun way to learn, but be prepared to get sticky! Souvenirs included.

Location: Grayslake Park District,

Multipurpose Room A

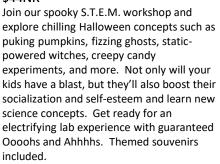
Min/Max: 8/22

Contr: Lisa Lombardi

Sa Sept. 30 12:00p-1:00p 1 class

# Halloween Gore-tastic Hour

#### 6-12 years \$44NR



Location: Grayslake Park District,

Multipurpose Room A

Min/Max: 8/22

Contr: Lisa Lombardi

Sa Sept. 30 1:15p-2:15p 1 class

#### A Donut Moment

#### 5-13 years \$44NR

We'll learn the history of donuts, apply life coaching to this theme, and enjoy decadent donut samples. We'll investigate the different theories on how the donut was invented and learn how to effectively handle the "holes" in our lives. Donut makers will treat us to yummy donuts while we learn. Kids will leave with new ideas.

Location: Grayslake Park District,

Multipurpose Room A

Min/Max: 8/22

Contr: Lisa Lombardi

W Nov. 1 4:30p-5:30p 1 class

#### Grinch Goo-tastic Holiday Slime 6-13 years \$44NR

Kids will create Grinch-inspired slime with Christmas colors, Grinch hearts, and "ornaments" as mix-ins and winter scents. Imagine your slime smelling like marshmallows, fireside, pine trees, candy canes, etc. They will develop perseverance while forming stretchy slime and play a slimy game to catch the Grinch. It's a fun activity for kids to blow off steam before winter break. Participants will take home the slime they made. Kids must be able to follow directions independently.

Location: Grayslake Park District,

Multipurpose Room A

Min/Max: 8/22

Contr: Lisa Lombardi

Th Nov. 16 4:30p-5:30p 1 class

# Feeling Frozen in Life? Frosty the Snowman

#### 5-12 years \$44NR

Kids will learn up to 125 ways to manage worries as they return to school and deal with general life stressors. The class will also teach students to recognize their personal warning "sirens" before stressors peak. The course will end with a celebration where students can make a batch of homemade science snow that kids can keep. We will also enjoy designing a Frosty the Snowman treat.

Location: Grayslake Park District,

Multipurpose Room A

Min/Max: 8/22

Contr: Lisa Lombardi

Sa Dec. 2 1:00p-2:00p 1 class

#### **Martial Arts**

### Youth/Adult Interests

Lindenhurst residents will receive a 20% discount!



- Uniforms and Belt-Testing are options available through the ISKC instructors.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Youth, Parent/Child, and Adult classes may train together.

#### Pre-Karate Beginner & Novice

#### 4-6 years \$227NR

In our Pre-Karate Safety classes, young children develop flexibility, strength and coordination in fun yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

Location: Activity 1 Min/Max: 5/15

Contr: IL Shotokan Karate

#### Beginner/Continuer

Th 9/7-12/21 4:00p-4:45p 14 classes

Novice (3 prior sessions)

Th 9/7-12/21 4:45p-5:30p 14 classes

Children and adults universally enjoy learning the art of karate. Classes are taught by Illinois Shotokan Karate Club's expert instructors under the direction of John DiPasquale, four-time National Champion and President of the American Shotokan Karate Association.

# Register at www.lindenhurstparks.org

NO CLASS 9/21, and 11/23

#### Youth Karate Beginner & Novice

#### 7-14 years \$227NR

ISKC's Youth Karate class will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children will increase their coordination, agility, and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and discipline of conforming to the class rules.

Location: Activity 1 & 2 Min/Max: 5/18

Contr: IL Shotokan Karate

#### Beginner/Continuer (white/red)

Th 9/7-12/21 6:00p-6:55p 14 classes

Novice/Adv. (orange+)

Th 9/7-12/21 7:00p-7:55p 14 classes

#### Parent/Child & Adult Karate Beginner & Novice

# 7+ (15 for adults without children) \$227NR

Our adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone while improving core strength.

Parent/Child classes are a great way to spend quality time with your child while conditioning muscles, developing coordination, and improving cardiovascular fitness.

Location: Activity 1 & 2

Min/Max: 5/18

Contr: IL Shotokan Karate

#### Beginner/Continuer (white/red)

Th 9/7-12/21 6:00p-6:55p 14 classes

Novice/Adv. (orange+)

Th 9/7-12/21 7:00p-7:55p 14 classes



Per Player Our Basketball League offers opportunities for all skill levels, with a focus on teaching teamwork, fair play, rules



Registration Deadline: November 10 (Teams will be made the week off November 13)

> Special requests based on carpooling and friendships cannot be granted.

#### **Practices:**

One-weekday practice beginning the week of November 27; locations vary.

#### **Games:**

Saturdays, January 13-March 2 (game times vary), at the Lippert Community Center Gym.

#### **Uniforms:**

The Lindenhurst Park District will provide team t-shirts; each player will need to have their own gym shoes and black shorts.

2nd - 3rd Grade

Sa 1/13-3/2 9:00a-1:00p Max: 80 8 classes

4th - 5th Grade

Max: 80 8 classes Sa 1/13-3/2 1:00p-5:00p 6th - 8th Grade

Sa 1/13-3/2 5:00p-7:00p Max: 80 8 classes

#### Volunteer Coaches Needed!

of the game, as well as shooting, passing, and dribbling.

We are looking for Volunteer Coaches! We offer a \*50% discount and the luxury of picking your practice days. \*Discount provided at the end of the season as a Household Credit. The coach's credits will expire after 1 year.

#### **Mandatory Coaches Training**

November 20, at the Lindenhurst Park District at 6:00pm

If you are interested, please fill out the form when registering your child or contact Athletic Program Manager David Milostan at 847.356.6011 x 1006 or

dmilostan@lindenhurstparks.org.



### Sports/Basketball

## Youth Interests

Lindenhurst residents receive a 20% discount!

#### Adult Tot Basketball

#### 2-4 years w/caregiver \$90NR

Young children develop motor skills while having fun running and ball handling. Adults and tots work together in this class, learning the basics of basketball. Dribbling, passing, shooting, and teamwork will all be emphasized. A variety of activities will be played each week.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shot Sports** 

9/8-10/13 4:30p-5:00p 6 classes 10/27-12/8 4:30p-5:00p 6 classes no class 11/24

#### Lil' Dribblers

#### 4-6 years \$95NR

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun, and exciting environment. Our curriculum uses ageappropriate activities and games designed to increase balance, body awareness, motor skills, hand-eye coordination, listening skills, and the ability to follow directions.

Location: Gymnasium Min/Max: 6/15

**Hot Shots Sports** Contr:

5:00p-5:45p 6 classes 9/8-10/13 10/27-12/8 5:00p-5:45p 6 classes

no class 11/24

#### **Basketball Skills & Drills 1**

#### 5-7 years \$97NR

Junior-size basketballs and age-appropriate hoops make this program the perfect introductory class for kids looking to play the game of basketball. By practicing simple drills, the instructor will help kids become familiar with passing, dribbling, and shooting. Team play, sportsmanship, and fun will be stressed. Play basketball the fun and exciting way, the 5 Star Sports way.

Location: Gymnasium Min/Max: 6/16

Contr: 5 Star Sports

W 9/13-10/18 5:00p-5:45p 6 classes W 11/1-12/13 5:00p-5:45p 6 classes

no class 11/22

# FALL Basketball



#### **Basketball Clinic 101**

#### 7-10 years \$95NR

Develop early basketball skills such as shooting, dribbling, and passing, along with the game's basic rules. All instruction is game/drill oriented, with mini-games and scrimmages played weekly. This class is for the basketball beginner looking to understand the game, learn new skills and have fun!

Location: Gymnasium Min/Max: 6/15

**Hot Shots Sports** Contr:

> 9/8-10/13 5:45p-6:30p 6 classes 10/27-12/8 5:45p-6:30p 6 classes

no class 11/24

#### **Basketball Training**

#### 11-14 years \$97NR

This unique and individualized class will work on specific skills each week, followed by a scrimmage game. Great for kids looking to take their game to the next level or make a school team!

Week 1- Ball handling

Week 2-Shooting technique and drills

Week 3- Defense and rebounding

Week 4- Passing and moving without the

Week 5- Understanding offensive

sets/plays

Location: Gymnasium

Min/Max: 6/16

Contr: 5 Star Sports

W 9/13-10/18 6:30p-7:30p 6 classes 6:30p-7:30p W 11/1-12/13 6 classes

no class 11/22



#### Check This Out!



#### Basketball Skills & Drills 2

#### 7-10 years \$97NR

Jump, Pass, Shoot, SCORE! Get ready to learn the game of basketball in this fundamental program. Each participant will learn the basics of dribbling, passing, and shooting! Teamwork, good sportsmanship, and fun will also be stressed. These classes are designed to be enjoyable for all skill levels. The skills learned will be reinforced through scrimmages!

Location: Gymnasium Min/Max: 6/16 Contr: 5 Star Sports

W 9/13-10/18 5:45p-6:30p 6 classes W 11/1-12/13 5:45p-6:30p 6 classes no class 11/22

Lindenhurst residents will receive a 20% discount!



#### Jr. Flag Football

#### 5-7 years \$95NR

Come join in on the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing, blocking, and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. No equipment is necessary!

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shot Sports** 

Tu 9/5-10/10 5:00p-5:45p 6 classes Tu 10/24-12/5 5:00p-5:45p 6 classes

no class 11/21



#### Game Time Flag Football 8-10 years

# \$100NR

Players experience daily scrimmages with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football, such as running pass routes, play calling, defensive positioning, the fundamentals of blocking, and pass coverage. These skills and others will be put to use in a "game time" environment while the players scrimmage each week.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shot Sports** 

Tu 9/5-10/10 5:45p-6:45p 6 classes Tu 10/24-12/5 5:45p-6:45p 6 classes

no class 11/21

# MULTI-SPORTS



#### **Adult/Tot Sports**

#### 2-3 years w/caregiver \$90NR

Parents are integral to helping their tots develop basic sports movement and motor skills. Motor skill activities focus on handeye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shots Sports** 

W 9/6-10/11 5:00p-5:30p 6 classes W 10/25-12/6 5:00p-5:30p

6 classes no class 11/22

#### **Sports & More**

#### 4-6 years \$95NR

Children are introduced to the fundamentals of sports, including basketball, floor hockey, football, kickball, soccer, t-ball, and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shots Sports** 

W 9/6-10/11 5:45p-6:30p 6 classes W 10/25-12/6 5:45p-6:30p 6 classes no class 11/22

#### **Total Sports** 7-10 years \$100NR



This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shots Sports** 

W 9/6-10/11 6:30p-7:30p 6 classes W 10/25-12/6 6:30p-7:30p 6 classes

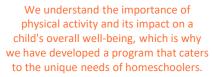
no class 11/22

# Youth Interests

Lindenhurst residents will receive a 20% discount!

#### **Homeschool PE**

8-14 years \$97NR



This class will use a variety of equipment and include numerous movement types and games designed to encourage healthy physical development and body awareness. While moving their bodies in different ways, participants will also learn about the muscular and cardiovascular body systems. Participants will be encouraged to challenge themselves, have fun, and make new friends in a supportive environment! Meet in the gym.

Location: Gymnasium & Studio A

Min/Max: 6/20

Instr: **Heather Smith** 

10:15a-11:00a 8 classes W 9/6-10/25 10:15a-11:00a 8 classes W 11/1-12/20





#### Lil Slugger T-Ball

#### 3-5 years \$97NR

Introduce your child to America's pastime in a fun and creative way. While the basic skills such as fielding, catching, and batting will be covered, your child will never be bored. We make sure all kids stay moving and involved. Balls and bats are provided. Just bring your glove, and let's play ball. Games will be played.

Location: S1-Forest View Park

S2-Gymnasium

Min/Max: 6/15

5 Star Sports Contr:

Tu 9/12-10/17 5:00p-5:45p 6 classes Tu 10/24-12/12 5:00p-5:45p 6 classes

no class 10/31, 11/7

#### Sluggers T-Ball/Baseball

#### 6-9 years \$97NR

Introduce your child to America's pastime in a fun and creative way. While the basic skills such as fielding, catching, and batting will be covered, your child will never be bored. We make sure all kids stay moving and involved. Balls and bats are provided. Just bring your glove, and let's play ball. Games will be played.

Location: S1-Forest View Park

S2-Gymnasium

Min/Max: 6/15 5 Star Sports Contr:

9/12-10/17 6:00p-6:45p 6 classes M 10/24-12/12 6:00p-6:45p 6 classes

no class 10/31, 11/7

# LET'S PLAY VOLLEYBALL!



#### Volleyball Skills Clinic

#### 7-9 years \$95NR

This Clinic includes instruction on all major volleyball skills; serving, passing, setting, and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shot Sports** 

#### 7-9 years

Th 9/7-10/12 5:00p-5:45p 6 classes Th 10/26-12/7 5:00p-5:45p 6 classes

no class 11/23

#### Game Time Volleyball

#### 10-13 years \$100NR

Players will experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shot Sports. Coaches will referee while emphasizing the fundamentals and game strategies of volleyball. Players use skills such as serving, passing, setting, and attacking in a "game time" environment.

Location: Gymnasium Min/Max: 6/15

Contr: **Hot Shot Sports** 

#### 10-13 years

Th 9/7-10/12 6:00p-7:00p 6 classes Th 10/26-12/7 6:00p-7:00p 6 classes no class 11/23



#### **Put on Your Game Face!**

#### Floor Hockey Stars

6-10 years \$97NR

The kids will get the chance to play with all the realism of actual hockey without the skates. The game's skills will be taught, and scrimmages will be played at the end of every class. If you're looking for a fun way for your kids to get out and play this fall, indoor hockey is the answer.

Location: Gymnasium Min/Max: 6/15

Contr: 5 Star Sports

Su 9/10-10/15 2:15p-3:00p 6 classes Su 10/29-12/10 2:15p-3:00p 6 classes

no class 11/26

Lindenhurst residents will receive a 20% discount!

# FALL Soccer





#### **Adult Tot Soccer Stars**

## 2-3 years w/caregiver

Try our new program that will help even the youngest soccer stars develop. Playing soccer with your mom, dad, or caregiver has never been so fun! New games will be introduced each week to improve the child's skill level, knowledge level, and, most importantly, their love for the game. Skills will be taught through fun games and working with parents/caregivers as mentors to look up to and constantly encourage them. Soccer matches will also be played at the end of each class.

Location: S1-Engle Memorial Soccer Field

S2-Gymnasium

Min/Max: 6/16

Contr: 5 Star Sports

Su 9/10-10/15 10:00a-10:45a 6 classes Su 10/29-12/10 10:00a-10:45a 6 classes no class 11/26

#### **Pee Wee Soccer Stars**

#### 3-4 & 5-7 years

#### \$97NR

This class helps children learn the fundamentals of soccer in a noncompetitive setting. Dribbling, passing, shooting, and kicking will all be emphasized, with good sportsmanship included. Basic skills are taught through games, drills, and fun!

Location: S1-Engle Memorial Soccer Field

S2-Gymnasium

Min/Max: 6/16

Contr: 5 Star Sports

#### 3-4 years

Su 9/10-10/15 11:00a-11:45a 6 classes Su 10/29-12/10 11:00a-11:45a 5 classes

no class 11/26

#### 5-7 years

Su 9/10-10/15 12:00p-12:45p 5 classes Su 10/29-12/10 12:00p-12:45p 5 classes

no class 11/26



#### **Soccer Skills & Drills**

#### 7-10 years \$97NR

Looking to up your game for an upcoming Season? This program will cover ball control, shooting, passing, and defense through drills and scrimmages. This class is a must-attend to help accelerate your soccer skills on the field.

Location: S1-Engle Memorial Soccer Field

S2-Gymnasium

Min/Max: 6/16

Contr: 5 Star Sports

Su 9/10-10/15 12:45p-1:45p 6 classes Su 10/29-12/10 12:45p-1:45p 6 classes

no class 11/26

## **Adult Interests**

Lindenhurst residents will receive a 20% discount!

## ADULT FITNESS

We are thrilled to announce the addition of Adult Fitness classes to our new dance and fitness studio at the Lindenhurst Park District. This new offering is an exciting opportunity for community members to prioritize their health and wellness in a welcoming and supportive environment. We are confident that our Adult Fitness classes will help our members achieve their fitness goals and feel their best. We can't wait to see you at our new studio!

#### Yoga

#### 18+ \$155NR

This class will be a mix of yoga styles designed to help participants connect breath to movement. Through a series of both standing and seated poses, participants will grow in their strength, balance, and mobility. Options will be available for participants to make each class as relaxing or challenging as they like. Every class will end with a calming meditation to provide grounding for the day to come.

Location: Studio A Min/Max: 6/15

Instr: Heather Smith

W 9/6-10/25 9:00a-10:00a 8 classes W 11/1-12/20 9:00a-10:00a 8 classes

#### Zumba®

#### 18+ S1-\$125NR S2-\$109NR

Get ready to party yourself into shape!
Zumba® is an exhilarating, easy-to-follow, international dance-inspired, calorie-burning fitness-party™ that will leave you wanting more! Dance your way to a body you love.

Location: Studio A Min/Max: 6/20

Instr: Lauren Roback

F 9/8-10/27 9:00a-10:00a 8 classes F 11/3-12/22 9:00a-10:00a 7 classes

no class 11/24



## Strength, Conditioning & Mobility

18+ S1-\$155NR S2-\$135NR

This class will provide a full-body workout using a variety of equipment and movement types. Participants will warm up with foam rollers and resistance bands, get their hearts pumping with both strength and cardiovascular intervals and circuits, and cool down with yoga-inspired mobility poses. Leave each class feeling stronger, healthier, and mentally prepared to face the day! Modifications will be available to accommodate diverse needs.

Location: Studio A Min/Max: 6/15

Instr: Heather Smith

Th 9/7-10/26 12:00p-1:00p 8 classes Th 11/2-12/21 12:00p-1:00p 7 classes

no class 11/23

#### Turn up™

#### 18+ \$125NR

A high-intensity interval training dance workout that feels like you're going to the club with your friends! Although it works your whole body, let the beat move you and dance your heart out!

Location: Studio A Min/Max: 6/20

Instr: Lauren Roback

Tu 9/5-10/24 9:00a-10:00a 8 classes Tu 10/31-12/19 9:00a-10:00a 8 classes

#### Adult Pickleball – Beginners

21+ \$97NR

This class is for those who have never played Pickleball before or who have very limited experience with the sport. It will focus on Pickleball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn the scoring and rules of the game through drills and playing time. This class's slower pace will allow players to develop the skills needed to play these fun and energetic games. Please provide our own paddle.

Location: Gymnasium Min/Max: 6/12

Instr: 5 Star Sports

F 9/8-10/13 5:00p-6:00p 6 classes F 10/27-12/8 5:00p-6:00p 6 classes

no class 11/24



## Adult Pickleball – Intermediate

21+ \$97NR

This class is for advancing beginners who have some experience and want to move at a faster pace to improve their basic shots and strategies. Players will participate in challenging drills to work on consistency in forehand and backhand shots, serving, volleying, dinks, and lobs. Through matches played each week, players can take their game to the next level by learning how to play smarter, not harder. Please bring your own paddle.

Location: Gymnasium Min/Max: 6/12

Instr: 5 Star Sports

F 9/8-10/13 6:00p-7:00p 6 classes F 10/27-12/8 6:00p-7:00p 6 classes

no class 11/24



- Pickleball combines badminton, tennis, and ping pong into one exhilarating, very popular sport.
- Bring your own paddles.
- Only one person from your team must register, you will be prompted to provide your partner's name and email.
- No games 10/9

## **Adult Interests**

Lindenhurst residents will receive a 20% discount!

## Meet new people, try new things, and expand your horizons!



## Create Your Own Charcuterie Board

21+ \$57NR

Have you always wanted to learn techniques to make your own charcuterie board like a pro? Here is your chance! Grab a friend and register for a fun night of creating culinary and visual delights! Our instructor will provide everything you need to make a beautiful spread that will serve 2-3 people. Ingredients may include cheese, crackers, meat, fruit, vegetables, spreads, and nuts. All supplies, plus a complimentary glass of wine, will be included.

Location: Activity 1 Min/Max: 6/10

Instr: Mary Jo Babiarz

W Nov. 8 6:30p-8:00p 1 class



## Grapevine Wreath with Fall Flare

\$94NR

Create your very own grapevine wreath decorated with fall leaves, fall accents, and accessories. Materials are either dried or artificial, so you can use them year after year! Grab a friend and register for this fun new activity. All materials are included.

Location: Community Center

Min/Max: 15/30

Instr: The Blooming Traveler

W Oct. 4 7:00p-8:30p 1 class



## Rodgers & Hammerstein's Cinderella

Oakbrook Terrace, IL 21+

\$155NR

Once upon a time, in a faraway land, a young woman wished for a life as beautiful as a fairytale. Experience the classic Rodgers and Hammerstein adaptation of Cinderella this holiday season. Featuring the beloved songs "In My Own Little Corner," "Impossible/It's Possible," and "Ten Minutes Ago," this musical is sure to bring out your magical holiday spirit. We will enjoy lunch at Drury Lane before the performance. Your lunch options are Chicken Caesar Salad (Chicken Breast, Romaine Lettuce, Tomato, Croutons, Romano Cheese) or Bistro Steak Au Poivre with a peppercorn sauce, potato puree, and green beans. Please list your lunch selection and if you have any dietary restrictions or are vegetarian in either Roster Notes or on your form at the time of registration.

The trip includes transportation by Park District bus, a theatre ticket, and lunch. Minimal walking and stairs.

Reg. Deadline: Wed, Nov. 8, or when full W Nov. 29 10:15a-5:00p Min/Max: 10/14

#### **Antique Shop Hop**

Northern Lake & McHenry County, IL 21+

\$15NR

Call your besties and register for the Mother Lode of all shopping trips! We will shop vintage stores and antiques, boutiques, home décor shops, barn sales, and more...all rolling out the red carpet just for us! All shops are located in northern Illinois and southern Wisconsin. When the Shop Hop map of all participating stores gets posted we will decide the best route to take. Shop owners have been hoarding their goods all year for this event, and they pull out all the stops to play a special day for you, including things like food trucks, coffee trucks, live music, games, door prizes, discounts, demonstrations, and more. Lunch will be on your own either at a food truck or a stop along the way.

The trip includes transportation by Park District bus. Extensive standing and walking.

Reg. Deadline: Fri, Sept. 29 or when full F Oct. 6 8:00a-5:00p Min/Max: 10/14

## Haunted History Tour of Old Joliet Prison

Joliet, IL 21+ \$85NR



This historical tour will cover some of the more macabre stories as you walk through the site at dusk. This tour takes you into the East and West Cell Houses, North Segregation, Cafeteria, Chapel, and the Honor Dorm. This tour does not involve ghost hunting or paranormal activity. Pathways are lit for safety, but guests are welcome to bring a flashlight for additional lighting if needed. We will enjoy dinner at Mama Onesta's Italian Restaurant before our tour of the prison. Dinner will be Chicken Pompeii, Penne with Sausage and Portobello Mushrooms, and Tortellini.

The trip includes transportation by Park District bus, dinner and 90-minute tour. Extensive walking and standing.

Reg. Deadline: Th, June 29, or when full Th Oct. 19 5:30p-10:30p Min/Max: 10/14

All activities are held in Activity 3 for ages 50+. For more details or if you have questions, please contact Recreation Program Manager Allison Tibor at 847.356.6011 x 1005, or <a href="mailto:attivities">attivities</a> are held in Activity 3 for ages 50+. For more details or if you have questions, please contact Recreation Program Manager Allison Tibor at 847.356.6011 x 1005, or <a href="mailto:attivities">attivities</a> are held in Activity 3 for ages 50+. For more details or if you have questions, please contact Recreation

Registration begins on August 7 at 9am! Lindenhurst residents will receive \$5 off of each trip!



Are you an active adult over 50 looking for fun things to do? Do you want to meet new friends and go on different adventures?

Join us for a Meet & Greet to discuss upcoming events and places we could go visit! We can't wait to meet you and hear your ideas!

After our meeting, join us to play cards.

Light refreshments will be served. Register by Thursday, Sept. 7.

## **Active Adult Activity Pass**

The Active Adult Activity Pass is \$20 for residents and \$25 for non-residents. The pass is valid from

January 1 - December 31, 2023, for drop-in activities, including Video Aerobics and Cards. Purchase your pass at the front desk during regular business hours. Not ready to commit? Pay just \$1 per drop-in activity!

## Weekly Drop-In Active Adult Activities Registration is not required

•Video Aerobics- a low-impact workout set to a fitness video that will improve flexibility and cardiovascular health. M/W/F 9:00a-10:00a

 Cards- join us in playing cards such as Hand/Knee/Foot or board games. Feel free to bring along your favorite game and lunch.
 Th 11:00a-4:00p

## Coffee Club

On the first Tuesday of every month, 9:00am-10:00am in Activity 3.

#### Everyone is Welcome, and registration is not required.

Starting in October, you can engage in a conversation with our *New* Recreation Program Manager, Allison Tibor. During these discussions, she will provide information about upcoming events and will also be available to answer any questions or address any concerns you may have regarding our Active Adult programs.

October 3rd November 7th December 5th



#### The Temporary Casino

Waukegan, IL 50+

\$15

Looking for an afternoon of fun and non-stop action? At the Temporary Casino in Waukegan, you'll find over 1,100 of the latest and most popular slot and video poker machines, blackjack, craps, roulette, and more. Lunch is on your own in the casino at L'Americain. Deciding what to eat at L'Americain is a lot like playing roulette; you have to trust your gut.

The trip includes transportation by Park District bus. Minimal to moderate walking.

Reg. Deadline: Th, Oct. 12, or when full W Oct. 18 10:30a-3:00p Min/Max: 6/14

## Active Adults Trips... For more details or if you have questions, please contact Allison Tibor at 847.356.6011 x 1005 or atibor@lindenhurstparks.org.

**LPD Frequent Traveler Program** 

Trip-goers will receive a Frequent Traveler Program (FTP) card when they check in for a trip. You will receive a punch on your FTP card at the start of each trip. After 6 punches, you can use the card to take \$10 off your next trip registration of \$20 or more. Only one discount can be applied at a time. Cards expire one year from the first punch.

#### **Active Adult Trip Policy**

Transportation may be in a Park District van/bus or motor coach. In order to keep trips affordable, some trips are in cooperation with other Park Districts in the area. Trip prices are subject to change, and trip return times are approximate. See the refund policy at www.lindenhurstparks.org.

#### The Wreath Factory

Otter Creek, WI

50+

\$89 Join us for our 13th annual wreathdecorating outing to The Wreath Factory at Otter Creek. Custom decorate your own freshly made holiday wreath by using such supplies as ribbons, bows, and holiday garnishes, all while under the watchful eyes of the professional staff at The Wreath Factory at Otter Creek. Once your wreath has been completed, you will have time to shop at the unique Christmas store and also view their beautifully decorated Christmas trees. This is a very popular stop during the holiday season. We will enjoy boxed lunches from Antoinette's while we travel south to our second destination, the town of Cedarburg, Wisconsin. Once in town, we will have 2 hours to shop and enjoy the beautifully preserved downtown area. This is a trip you will not want to miss! You will bring home a custom holiday wreath and possibly start holiday shopping, or at least stop by the winery to stock up on hostess presents. Please select your lunch entrée: Ham & Cheese on a pretzel bun, Turkey & Provolone on a pretzel bun, Turkey Bacon Club Wrap, Veggie Wrap, Asian Chicken Wrap, Chicken Caesar Wrap, BLT Wrap, and Cranberry Walnut Chicken Wrap. All entrees are served with chips, fresh fruit, and a drink. The trip includes transportation by Park District bus, wreath, and lunch. Extensive standing and walking.

Reg. Deadline: Fri, Nov. 10 or when full F Nov. 17 7:30a-6:00p Min/Max: 10/14

## Ring of Fire at the Drury Lane Theatre

Oak Brook Terrace, IL 50+

\$129NR



Ring of Fire showcases the story of Johnny Cash through his music. From country rock n' roll to singing ballads of love, and faith, Cash's iconic songs highlight the incredible struggles and triumphs of his life. Performed by an incredible group of actors/musicians, Ring of Fire celebrates the music that has become a part of our collective experience. We will enjoy lunch at Drury Lane before the performance. Your lunch options are Grilled Chicken Breast with a white wine reduction and herb sauce, roasted wedge potatoes, and green beans, or Bistro Steak Au Poivre with a peppercorn sauce, potato puree, and green beans. Please list your lunch selection, dietary restrictions, or vegetarianism in either Roster Notes or on your form at the time of registration. The trip includes transportation by Park District bus, theatre ticket, and lunch. Minimal walking.

Reg. Deadline: Thurs, Sept. 14 or when full Th Sept. 21 10:15a-5:30p Min/Max: 10/14

#### **Rosehill Cemetery Tour**

Chicago, IL

50+

\$43

Join us for our second historic cemetery tour. Rosehill Cemetery, founded in 1859, is an American garden cemetery on the North Side of Chicago and, at 350 acres, is the largest cemetery in the City of Chicago. According to legend, the name "Rosehill" resulted from a City Clerk's error – the area was previously called "Roe's Hill," named for a nearby farmer Hiram Roe. Like its sister cemetery Graceland, Rosehill is the burial place of many well-known Chicagoans. The cemetery contains many monuments that are notable for their beauty and eccentricity, such as that of Lulu Fellows. Lunch will be at the Fireside. The trip includes transportation by Park District bus, tour, and lunch. Extensive standing and walking.

Reg. Deadline: Thurs, Sept. 28, or when full W Oct. 4 8:30a-5:00p Min/Max: 10/14

#### **Volo Auto Museum**

Volo, IL 50+ \$26



The Volo Auto Museum is situated on 35 beautifully groomed acres and is one of the most unique auto museums in Illinois and the entire country. With more than 33 awe-inspiring exhibits, wander their auto showrooms and marvel at the iconic classic, muscle cars, and even original cars from movies and TV. But they are more than just cars. This is a place where the past comes to life. From self-playing orchestra to Disney gallery, their vast collection of pop culture and Americana artifacts offers visitors a stroll down memory lane and the chance to make new memories. Lunch is on your own.

The trip includes transportation provided by Park District bus and a museum ticket. Minimal to moderate walking.

Reg. Deadline: Mon, Oct. 16 or when full
M Nov. 6 10:00a-4:00p Min/Max: 10/14

# WARREN SPECIAL RECREATION ASSOCIATION

INSPIRING PEOPLE WITH DISABILITIES THROUGH MEANINGFUL RECREATION

Inclusion services are offered for all youth programs and sports through Warren Special Recreation Association (WSRA). A minimum of three weeks' notice is needed before the program starts to arrange accommodations.

Please contact the Lindenhurst Park District to discuss if Inclusion Services would benefit your family at 847.356.6011.







#### YOUTH PROGRAMS

- After School Programming
- Special Events
- Day Trips
- Art Programs

Warren Special Recreation Association 100 S. Greenleaf Street Gurnee, IL 60031 warrenspecialrec.org

#### TEEN PROGRAMS

- After School Programming
- Special Olympics
- Social Clubs
- Special Events
- Day Trips
- Art Programs

#### **ADULT PROGRAMS**

- Day Programs
- Social Clubs
- Special Olympics
- Special Events
- Day Trips
- Art Programs

Visit warrenspecialrec.org to learn more and enroll in other special recreation programs.



Take a walk or run on our suspended track or workout on our fitness equipment which includes two elliptical machines, a row machine, a range of dumbbell free weights (from 5-50lbs), and an incline/decline bench. We also have stretching mats and lockers for your items. Our track is 15-laps-per-mile.

CLICK HERE for our monthly Fitness Center & Track Schedule. Also available at www.lindenhurstparks.org/facilities/gymnasium.

Must show State ID to receive the resident rate. Sign in and pay at the registration desk. \*An adult must accompany anyone under the age of 13.



Yearly Pass-Fitness & Track

60+ \$148 \*10-59 years \$247

30 Visit Pass-Fitness & Track
 Pass expires 90 days after purchase.

60+ \$22 \*10-59 years \$35

Daily Fees-Fitness & Track

60+ \$1 \*10-59 years Resident \$2 Non-Resident \$3



# OPEN GYM

Must show State ID to receive the resident rate. Sign in and pay at the registration desk.

\*An adult must accompany anyone under the age of 13.

**CLICK HERE** for our monthly Open Gym Schedule. Also available at www.lindenhurstparks.org/facilities/gymnasium.

Times are subject to change due to programming or special events.







30 Visit Pass-Open Gym
 Pass expires 90 days after purchase

60+ \$42 \*10-59 years \$53

Daily Fees for Open Gyms

60+ \$3 \*10-59 years Resident \$5 Non-Resident \$7

Adult/Tot 1st Child

1st Child \$3 Sibling \$1 Adult/Tot Open Gym-5 and under w/caregiver

This drop-in program offers you and your child an opportunity to get out of the house, make new friends and let your child burn off excess energy! Equipment such as various balls, mats, toys and more will be available for your child's enjoyment! There is no instruction and children must be supervised at all times.

#### Basketball Open Gym

Drop in to shoot around or bring a group of friends for a pick-up game!

#### Pickleball Open Gym

Pickleball combines badminton, tennis, and ping pong into one exhilarating sport that is very popular. Please bring your own equipment.

#### Volleyball Open Gym

Get the gang together and play some indoor volleyball.

## **Birthday Packages**



\$195R/\$244NR

- -CARNIVAL
- -MICKEY & FRIENDS
- -HEROES & PRINCESS
- -TREASURE HUNT
- -NERF/ULTIMATE SPORTS
- -SUPERHERO SIDEKICKS

\$225R/\$282NR

- -GLAM & GLITZ
- -PIZZA PARTY
- -MAD SCIENCE
- -TEA PARTY

Ages 3-10

We bring the fun, you bring the kiddos!

### THEMED PARTY DETAILS

- -Parties held on, Saturdays or Sundays.
- -90 minutes in length; 60 minutes of party activity and 30 minutes to celebrate in our decorated party room. Tables, chairs, and paper goods are provided.
- -A Party Host to oversee all party games, activities, and crafts for 12 guests.
- -Party extras include additional guests, time, or a visit from a special character at select parties.

www.lindenhurstparks.org 16



**Indoor** Rentals

Indoor rentals are available at the Thomas J. Lippert Community Center located at 2200 East Grass Lake Road in Lindenhurst.

#### Indoor Rental Information

Looking for a great space to host a birthday, business meeting, rehearsal, shower, or team practice? The Lindenhurst Park District has indoor facilities that are available for rent.

Reservations are accepted on a first-come, first-served basis. Fees are subject to change. Reservation must be placed in-person or via phone and will require a \$100 security deposit at the time of booking. All rental fees must be paid in full prior to your rental. There is a 2-hour minimum for room rentals. Ask about pricing for school districts, community groups, and commercial businesses. For more information, contact Lori Friedl at 847.356.6011 ext. 1000 or Ifriedl@lindenhurstparks.org.

#### Activity 1 or 2

Accommodates groups of up to 48 Features: 2-6' rectangular tables, 6-60" round tables and 48 chairs. Countertop and sink are available in

Activity Room 1.

Hourly Rate: \$50R/\$63NR



#### Activity 1 & 2 Combined

Accommodates groups of up to 80 Features: 3-6' rectangular tables, 10-60" round tables and 80 chairs. Countertop and sink.

Hourly Rate: \$65R/\$82NR



#### **Activity 3**

Accommodates groups of up to 24 Features: 4-6' rectangular and 4 card tables, 24 chairs, refrigerator, microwave, sink, and coffee pot. Hourly Rate: \$30R/\$38NR





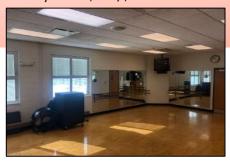


#### Studio B

Accommodates groups of up to 24 Features: Wood floor, mirrored walls,

and dance barre.

Hourly Rate: \$30R/\$38NR



#### **Gymnasium**

Accommodates groups of up to 100, max attendance 50 per side

Features: 6 adjustable basketball nets, commercial volleyball standard, pickleball net, room divider, and

bleachers.

Half Gym Hourly Rate: \$60R/\$75NR Full Gym Hourly Rate: \$90R/\$115NR



#### **Outdoor Picnic and Park**

#### **Picnic and Park Rental Information**

Lindenhurst Park District has a variety of outdoor venues with scenic parks and natural settings for your next special event.

Groups of 15 or more must secure a permit before their visit.

All shelters include picnic tables, shared restrooms, and ample parking. Grilling is permitted; however, grills are not provided. Renters may bring a portable electric or propane grill if it is 24 inches off the ground. Charcoal grills are prohibited.

Rentals begin on April 16 and end on October 16. Rent anytime from 10am-sunset.

Reservations are accepted on a first-come, first-served basis. Fees are subject to change. Reservation must be placed in-person or via phone and will require a \$100 security deposit at the time of booking. All rental fees must be paid in full prior to your rental. Ask about our pricing for school districts, community groups, and commercial businesses.

For more information on any of our rental opportunities, contact Lori Friedl at 847.356.6011 x 1000, lfriedl@lindenhurstparks.org, or stop by the Community Center at 2200 East Grass Lake Road.

#### Linden's Landing Park Shelter

2100 Sprucewood Lane; located on the shores of Lake Linden.

Accommodates groups of up to 50 \$80R/\$100NR

Features include: A shower tower, shared beach, sand volleyball and boat launch. Catch and release fishing is permitted.





#### Mallard Ridge Park Shelter

110 Robincrest Lane Accommodates groups of up to 75 \$100R/\$125NR

Features include: Shared playground, ball diamond, soccer field, half-court basketball, sand volleyball, pickleball/tennis courts, and electricity.





#### Millennium Park Shelter

201 Country Place Lane Accommodates groups of up to 75 \$100R/\$125NR

Features include: Shared playground, ball diamond, basketball court, sand volleyball, soccer field and electricity.





#### Oak Ridge Park Picnic Area

600 Independence Boulevard Accommodates groups of up to 50 \$80R/\$100NR

Features include: Shared use of the Splash Pad Spray Park, Archaeological Sand Dig Site, and 9-hole disc. golf course. Grilling is not permitted.





#### **Parkman Pavilion Rentals**

Parkman Pavilion in Engle Memorial Park is a beautiful outdoor venue for ceremonies, parties or performances.

The pavilion is available to rent from April 16 - October 16 from 8:00am until sunset. The pavilion has a covered stage (approximately 20'x 30') with electricity available. There is lawn seating for approximately 100, with additional seating on the grass and six picnic tables.

Reservations are accepted on a first-come, first-served basis. Fees are subject to change. Reservation must be placed in-person or via phone and will require a \$100 security deposit at the time of booking. All rental fees must be paid in full prior to your rental. Ask about pricing for school districts, community groups, and commercial businesses. Rental approval may be required by the Board of Park Commissioners based on the event type.

For more information on any of our rental opportunities, contact Lori Friedl at 847.356.6011 x 1000, Ifriedl@lindenhurstparks.org,

or stop by the Community Center at 2200 East Grass Lake Road.



#### **Court/Field Rentals**

Throughout Lindenhurst, you will find tennis courts, basketball courts, pickleball courts, sand volleyball courts, full and youth-sized soccer fields, baseball and softball fields, and open turf. Open turf is versatile and perfect for all types of outdoor recreation.

The Lindenhurst Park District requires a Rental Permit or Special Use Permit for any gathering of 15 people or more at any Lindenhurst Park District park, shelter, field, or facility. Additionally, any organized groups and/or businesses may not conduct classes/camps/practices, rehearsals/training/meetings on Park District Property, regardless of group size, without a Rental or Special Use Permit.

For more information on any of our rental opportunities, contact Lori Friedl at 847.356.6011 x 1000, lfriedl@lindenhurstparks.org, or stop by the Community Center at 2200 East Grass Lake Road.



## **Parks & Facilities**

## **General Information**

#### **Parks**

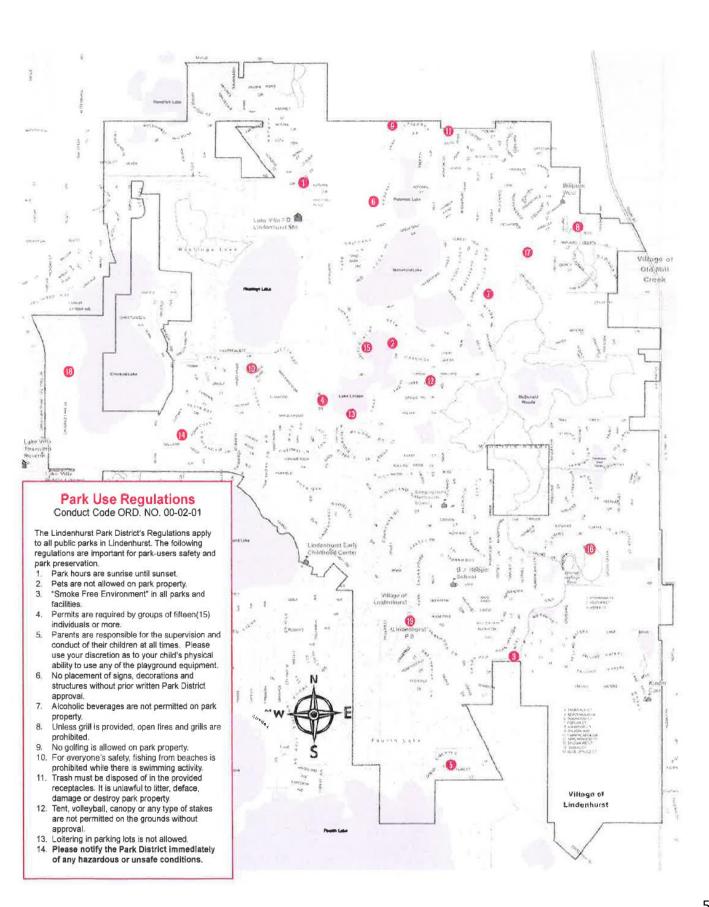
The Lindenhurst Park District is currently the steward of 19 named park sites, including two beaches. These spaces offer a variety of recreation options for users, including both passive/natural areas as well as active areas.

#### **Facilities**

The Thomas J. Lippert Community Center is the central hub for programming in the Lindenhurst Park District. The center is home to our registration and administrative offices, preschool classrooms, our Before and After School Program (Site 1), Dance/Fitness Studio, Active Adult space, and a gymnasium with a raised walking /running track and basic fitness equipment.

space, and a gymnasium with a raised walkin	g /ru	innin	g track	and t	oasic	TITNE	ess ec	Juipr	nent.	•										
Park District's Open Space Standards is to maintain or exceed a land acreage-to- resident ration of 1 acres to every 1,000 residents (N.R.P.A. Standard)		,	Acreage (125) Breakdown	Ball Diamonds	Basketball Courts	Beaches, Splash Pad	Shuffleboard, Bocce Courts	Community Center	Conservation/Natural Areas	Parking	Pickleball Courts	Picnic Areas	Playground Equipment	Restrooms (Summer Only)	Sand Volleyball, Disc Golf	Shelter (Pavilion)	Soccer Fields	Tennis Courts	In-Line Skate Park	Skateboard/BMX Area
Auburn Meadows Park	A	М	0.32									•	•							
Beck Basin Park 330 Lake Shore Drive	А	м	0.2							•		•								
Country Place Park 520 Country Place - South Side of Sand Lake Road	А	м	0.5										•							
Elmwood Tot Lot 1910 Elmwood Drive	А	м	0.2																	
Emerald Ridge Park 2503 Emerald Lane	А	м	1.2									•	•							
Engle Memorial Park 2200 Grass Lake Road	А	D 0	19.00 33.00		٠			•	•			•	•			•			•	•.
Forrest View Park (Flanagan & Shore Ball Diamonds) 513 Forest View Drive	А	N	4.60 4.00	•						٠		•	•			•	٠			
Heritage Trails Park (Coles Ball Diamond) 2900 Independence Boulevard	А	N	6.2	•	•					•			•			•				
Independence Park 880 Jefferson Drive	А	M	1.3 2.40						•			•								
John Janega Memorial Park 205 Hickory Drive	А	NO	3.2 6.5				•					•			•					
Lakewood Park 2426 Penn Boulevard	А	м	1.61									•	•							
Lewis Park 310 North Beck Road	А	м	1.7	•								•								
Linden's Landing 2100 Sprucewood Lane	В	м	0.74			•				٠		•		•	•	•				
Mallard Ridge Park (Gibbs Ball Diamond) 110 Robincrest Lane	А	N	4.7	•	٠					•	•	•	•			•	•			
Meyer's Beach 325 High Point Drive	В	м	0.71									•	•		•					
Millennium Park (Churchill Ball Diamond) 201 County Place Lane	А	N	11.00 2.00	•	٠				•	•		•	•		•	•	•			
Oak Ridge Park (Wetzel Soccer Fields) 600 Independence Boulevard	A	D	18.1						•			•		•	•	•	•			
Sedgewood Cove Park 334 Crooked Lake Lane	А	м	0.51							•	•		•							
Slove Park (Leased by Village, Maintained by LPD) 2301 Sand Lake Road	А	м	*2.30							٠		•	•				•			

## General Information



## Registration Form LINDENHURST PARK DISTRICT

2200 E. GRASS LAKE ROAD • LINDENHURST, ILLINOIS 60046 (847) 356-6011 • www.lindenhurstparks.org

Entered	(847	7) 356-601.	I • www.lindenh PLEASE PRINT	urstparks.org								
Primary Guardian Last Name		First Name										
Cell Phone	w	ork Phone										
Address			City		Zip	Code						
Emergency Contact			Emergenc	y Telephone								
Please check this box participate in the prog	if you wish so ram.	meone to co	ntact you regardin	g special accommo	dations to							
Participant's Name	Sex Age Bir	rthdate Grade	Activity Title	Date(s) of Activity	Day(s)	Time	Fee					
-												
2												
:												
-			Would you like to do	nate to our participant	scholarship?	Yes □ No	\$1.00					
WAIVER AND RELEASE OF ALL CLAIMS TOTAL												
The Lindenhurst Park District ("District") is committed to conducting its rectained program and holds the safety of participants in high regard. The District continually strives to reduce risks of injury and insists that all participants follow safety rules and instructions that are designed to protect the participant's safety. However, participants and parents / guardians of minors (collectively. "You") registering for this program / activity must recognize that there is an inherent risk of injury when choosing to participant in recreational activities / programs, including hazardous recreational activities.  You are solely responsible for determining if you or your minor child / ward are physically fit and / or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity, especially in light of the physical requirements related to the particular activity for which You are registering.												
Recreational activities / programs are inte medical advice, conditioning and equipme Understandably, not all hazards and dange	nded to challenge and ent, there is still risk o ers can be foreseen. T	l engage the physic of serious injury (in These risks are incre	al, mental and emotional rescicluding exposure to a commit eased when You participate in	surces of each participant. Des micable disease) when partici hazardous recreational activit	spite careful and pro pating in any recrea- ties.	oper preparation, i ttional activity / pr	nstruction, rogram.					
Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate instruction or officiating, exposure to communicable disease and all other circumstances inherent to indoor and outdoor recreational activities / programs exist. In this regard, it must be recognized that it is impossible for the Lindenhurst Park District to guarantee												
Please read this form carefully and be aware that in signing up and participating in this program / activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child / ward might sustain as a result of participating in any and all activities connected with and associated with this program / activity (including transportation services / vehicle operation, when provided) and exposure to communicable disease.												
I. THE UNDERSIGNED, RECOGNIZE ACTIVITY THAT THIS ACTIVITY MA ANY AND ALL INJURIES DAMAGE PARTICIPATION. I FURTHER AGREE ACCRUE TO ME OR MY CHILD / WA SUFFER AS A RESULT OF PARTICII INCLUDING IT SOFFICIALS, AGENT	E AND ACKNOWLE AY BE CONSIDERE ES OR LOSS, REG. TO FULLY AND VO ARD) RESULTING F PATING IN THIS F S VOLUNTEERS AN	EDGE THAT THE DA HAZARDOU ARDLESS OF SE LUNTARILY WAI ROM ANY AND A ROGRAM / ACT	ERE ARE CERTAIN RISK: S RECREATIONAL ACTIVE EVERITY, THAT MY MINI IVE, RELEASE AND RELIN ALL INJURIES, ILLNESSE: IVITYOR USING DISTROMEDIAL OF LECTORS	S OF PHYSICAL INJURY ITY, AND I VOLUNTARIL DR CHILD / WARD OR I QUISH ALL CLAIMS I OR S, DAMAGES, OR LOSS TI ICT PROPERTY AGAINST IVEL V DEFERBLE A CHOSS	TO PARTICIPAN' Y AGREE TO ASS MAY SUSTAIN MY MINOR CHILI HAT MY MINOR O THE LINDENHU	TS IN THIS PRO SUME THE FULL AS A RESULT D / WARD MAY CHILD / WARD JRST PARK DIS	OGRAM / L RISK OF OF SAID HAVE (OR OR I MAY STRICT,					
Photos are periodically taken in a class, d Internet publications.	uring a special event	or at the Districts p	parks, Please be aware that the	se photos are for District use	only and may be us	). sed in the District	s print and					
I have read and fully understand the al shall substitute for and have the same le	bove important infor egal effect as an origi	mation, warning e inal signature.	of risk, assumption of risk a	nd waiver and release of all	l claims. If register	ing on-line, your	signature					
PLEASE PRINT: Participant's Name												
Participant's Signature (18 years or older or												
PARTICIPATION WILL BE DENIED If the signature of adult participant or parent / guardian and date are not on this waiver.												
TOTAL ENCLOSED \$ Cash Check # Visa MasterCard Discover												
Credit Card Number:				V:	Exp. Date							