

**Lindenhurst Park District**  
**Fall 2023 Soccer Practice Schedule**

<b>Grade</b>	<b>Day</b>	<b>Location</b>	<b>Time</b>	<b>Coach</b>	<b>Name</b>
1	Friday	Oak Ridge	5:30-6:30	Tobias Hogan	Lions
1	Thursday	Oak Ridge F1	5-6pm	Nick Frey & Joran Hays	Cougars
1	Monday	Oak Ridge	5-6pm	Ozzie Zambrano	Tigers
1	Thursday	Oak Ridge F2	5-6pm	Jennifer Heid	Pumas
K	Wednesday	Slove Park	6:00-7:00	Zach Breitbach	Marlins
K	Wednesday	Slove Park	5:00-6:00	Sean Goheen	Sharks
K	Monday	Slove Park	5:30-6:30	Jacob Cushing	Dolphins
K	Friday	Slove Park	5:00-6:00	Cortney Payne	Orcas
2 & 3	Thursday	Mallard Ridge	6-7pm	Lauren Schulz	Eagles
2 & 3	Monday	Mallard Ridge	5:30-6:30	Brian Koch	Timberwolves
2 & 3	Tuesday	Heritage Trails	5-6pm	Ryan Heidner	Bears
2 & 3	Wednesday	Heritage Trails	5:30-6:30	John Regner	Coyotes
2 & 3	Wednesday	Mallard Ridge	5-6	Jim Gramhofer	Buffaloes
2 & 3	Thursday	Heritage Trails	6-7	Ken Sampson	Beavers
4 & 5	Thursday	Millennium	5:30-6:30	Haydee Braswell	Chicago Fire
4 & 5	Tuesday	Millennium	6-7	Ryan Heidner	LA Galaxy
4 & 5	Thursday	Engle Field	5:30-6:30	David Landshof	Portland Timbers
4 & 5	Wednesday	Millennium	5:30-6:30	Miguel Franco	Houston Dynamo
6 7 8	Friday	Engle Field	5:30-6:30	Casey Laughman	Manchester United
6 7 8	Tuesday	Engle Field	5:30-6:30	James Patterson	Chelsea