



Out and About ACTIVE ADULTS 2023



Lindenhurst Park District
Lippert Community Center Senior Scene Room
2200 E. Grass Lake Road
Lindenhurst, IL 60046

www.lindenhurstparks.org

*Registration Begins on May 1 at 9am!
Lindenhurst residents will receive \$5 off each trip!*

All activities are held in the Senior Scene Room for ages 50+

For more details or if you have questions, please contact Lori Friedl at 847.356.6011 x 1000, or lfriedl@lindenhurstparks.org.



Weekly Drop-In Active Adult Activities Registration is not required

•**Video Aerobics**- a low-impact workout set to a fitness video that will improve flexibility and cardiovascular health.
M/W/F 9:00a-10:00a

•**Cards**- join us in playing cards such as Hand/Knee/Foot or board games. Feel free to bring along your favorite game and lunch.
Th 11:00a-4:00p

Active Adult Activity Pass

The Active Adult Activity Pass is \$20 for residents and \$25 for non-residents. The pass is valid from January 1 - December 31, 2023, for drop-in activities, including Video Aerobics and Cards. Purchase your pass at the front desk during regular business hours. Not ready to commit? Pay just \$1 per drop-in activity!

Meet & Greet
June 8
10-11AM
Lindenhurst Park District
Active Adults Room

Are you an active adult over 50 looking for new experiences and adventures? Are you looking to leave the house and meet new friends? What kind of programs, events, or trips would interest you? Join us for a Meet & Greet to brainstorm upcoming events and outings. Meet like-minded individuals and discover exciting opportunities to stay active and engaged. We can't wait to meet you!

Light refreshments will be served. RSVP by June 1 by calling 847.356.6011.

Active Adult Trip Policy

Transportation may be in a Park District van/bus or motor coach. In order to keep trips affordable, some trips are in cooperation with other Park Districts in the area. Trip prices are subject to change, and trip return times are approximate.

Refunds are only given under the following circumstances:

- A full refund will be given if the Park District cancels the trip.
- A refund less a cancellation fee and any pre-paid costs will be given if the person requesting the refund can find a replacement to attend in their place.

SUMMER Picnic
August 10
IN THE PARK
11a-12:30p
Engle Memorial Park/Parkman Pavilion
\$10

Join us for a picnic in the park. Lunch and entertainment will be provided. Bring your own beverage! Register on-line or by calling 847.356.6011.

Reg. Deadline: Thur, August 3

For more details or if you have questions, please contact Lori Friedl at 847.356.6011 x 1000 or lfriedl@lindenhurstparks.org.

Active Adults Trips...

LPD Frequent Traveler Program

Trip goers will receive a Frequent Traveler Program (FTP) card when they check-in for a trip. At the start of each trip, you will receive a punch on your FTP card. After 6 punches, you can use the card to take \$10 off of your next trip registration of \$20 or more. Only one discount can be applied at a time. Cards expire one year from the first punch.



Port Washington, WI

50+
\$33

We will travel north to Port Washington, Wisconsin, to tour their 1860 Light Station, where you can climb to the lantern room featuring a replica 4th order Fresnel lens and fabulous lake views. After the tour, you can venture into the downtown area to shop or walk to the marina. If time allows, our second stop will be Cedarburg, Wisconsin, to shop in the beautifully preserved downtown area. Lunch will be on your own.

The trip includes transportation by Park District bus and tour—moderate standing, stairs, and walking.

Reg. Deadline: Th. July 27 or when full
Tu Aug. 8 8:15a-6:00p Min/Max: 6/13

Museum of Science/Industry Pompeii: The Exhibition

Chicago, IL
50+
\$64

Travel back in time to the city forever preserved in Pompeii: The Exhibition. Experience the exhibit as it brings you to the bustling commercial port and trading center that once was Pompeii, as it existed more than 1,900 years ago. Pompeii is a Roman city destroyed by nature and preserved in a volcanic time capsule after the catastrophic eruption of Mount Vesuvius. You will have free time to tour the museum at your leisure once the group has attended the arranged 10:40am exhibit time. Lunch will be on your own at the Museum Kitchen, their newly renovated state-of-the-art kitchen located in the Lower Level.

The trip includes transportation by Park District bus, museum entrance fee, and exhibit—moderate to extensive standing, stairs, and walking.

Reg. Deadline: Sa, May 6, or when full
Tu June 13 8:00a-4:00p Min/Max: 6/13



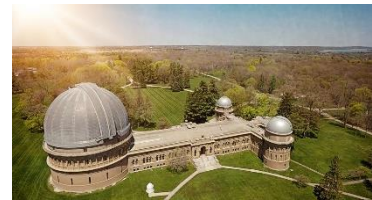
Yerkes Observatory & Lake Geneva

Williams Bay & Lake Geneva, WI
50+
\$56

Have you seen the large dome peeking out of the tree tops while taking a boat tour of Geneva Lake? Ever wondered about the history of why there's an observatory there? Join us as we tour the inner depths of Yerkes Observatory in Williams Bay, Wisconsin, and see first-hand the 90-foot dome. We will take a guided tour of the observatory that opened its dome in 1897 and housed the world's largest refracting telescope. Once our tour is complete, we will head to Lake Geneva's downtown area for 3 hours of shopping. Lunch will be on your own in downtown Lake Geneva.

The trip includes transportation by Park District bus and guided tour. This trip has a limited number of participants due to tour group requirements—moderate standing, stairs, and walking.

Reg. Deadline: Th, June 29, or when full
Th July 13 8:15a-5:00p Min/Max: 6/11



Graceland Cemetery and Lunch

Chicago, IL
50+
\$65

An oasis of art, architecture, and landscape design since 1860, Graceland Cemetery is one of Chicago's finest hidden treasures and the final resting place of many prominent Chicago Figures. The two-mile walking tour will be led by a professional guide for approximately two hours. After the tour, we'll travel to Max and Benny's to enjoy lunch.

The trip includes transportation provided by Park District bus, a ticket for the walking tour, and lunch—extensive walking and standing.

Reg. Deadline: Wed. July 26 or when full
W Aug. 2 8:30a-5:00p Min/Max: 10/12

