

November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-7p	2 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p Open Gym-5:30-8p	3 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	4 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	5 Track/Fit – 9a-12p Track/Fit – 1-7p	6 Track/Fit – 9-12p Open Gym – 9-12p
7 Track/Fit – 10-4p Open Gym- 10-4p	8 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-7p	9 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p Open Gym-5:30-8p	10 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	11 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	12 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-4:30p	13 Track/Fit – 9-12p Open Gym – 9-12p
14 Track/Fit – 10-4p Open Gym- 10-4p	15 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-7p	16 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p Open Gym-5:30-8p	17 Track/Fit – 9a-12p Track/Fit – 3-8p Open Gym – 3-4:30p	18 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	19 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-4:30p	20 Track/Fit – 9-12p
21 Track/Fit – 10-4p Open Gym- 10-4p	22 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-7p	23 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p Open Gym-5:30-8p	24 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-8p	25 BUILDING CLOSED THANKSGIVING	26 BUILDING CLOSED THANKSGIVING	27 Track/Fit – 9-4p Open Gym – 9-4p
28 Track/Fit – 12-4p Open Gym- 12-4p	29 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-5p	30 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p				