

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-7p	2 Track/Fit – 9:30a-4p Open Gym – 9:30a-4p
3 Track/Fit – 10a-2p Open Gym – 10a-2p	4 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-5:30p	5 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4p	6 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-8p	7 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	8 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-7p	9 Track/Fit – 9:30a-12p Open Gym – 9:30a-12p
10 Track/Fit – 10a-2p Open Gym – 10a-2p	11 Building Closed- Indigenous Person's Day	12 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4p	13 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-8p	14 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	15 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-7p	16 Track/Fit – 9:30a-12p Open Gym – 9:30a-12p
17 Track/Fit – 10a-4p	18 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-5:30p	19 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4p	20 Track/Fit – 9a-12p Track/Fit – 4-8p Open Gym – 4-8p	21 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	22 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-7p	23 Track/Fit – 9:30a-12p Open Gym – 9:30a-12p
24 Track/Fit – 10a-4p Open Gym – 10a-4p	25 Track/Fit – 9a-12p Track/Fit – 1-9p Open Gym – 1-5:30p	26 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4p	27 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	28 Track/Fit – 9a-12p Track/Fit – 1-8p Open Gym – 1-4:30p	29 Track/Fit – 9a-12p Track/Fit – 1-7p Open Gym – 1-4:30p	30 Track/Fit – 9:30a-12p Open Gym – 9:30a-12p
31 Track/Fit – 10a-4p Open Gym – 10a-4p						